

WAVE 3 DATA COLLECTION INSTRUMENTS

Suggested Citation

Waite, Linda J, Kathleen Cagney, William Dale, Louise Hawkley, Elbert Huang, Diane Lauderdale, Edward O. Laumann, Martha McClintock, Colm A. O'Muircheartaigh, and L. Philip Schumm. National Social Life, Health and Aging Project (NSHAP): Wave 3. ICPSR36873-v1. Ann Arbor, MI: Inter-university Consortium for Political and Social Research [distributor], 2017-10-25. https://doi.org/10.3886/ICPSR36873.v1

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Acknowledgments

The National Social Life, Health and Aging Project is supported by the National Institute on Aging and the National Institutes of Health (R01AG043538; R01AG048511; R37AG030481). The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

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NSHAP – WAVE 3 In-Person Questionnaire

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III. Leave-Behind Questionnaires

Version 1 (Returning Respondents) Version 2 (New Cohort)

I. INTRODUCTIONS, SETUP AND CONSENT

PLEASE SELECT THE LANGUAGE IN WHICH YOU WOULD LIKE TO CONDUCT THE INTERVIEW.

NOTE: YOU MAY ONLY CONDUCT THE INTERVIEW IN SPANISH IF YOU COMPLETED THE NSHAP SPANISH TRAINING AND RECEIVED APPROVAL FROM THE PROJECT!		
	English Spanish	
FO	R REFERANT RESPONDENT ONLY	
1.	Just to confirm, your name is [FILL FIRST AND LAST NAME FROM PRELOAD] and your year of birth is [FILL IN YEAR OF BIRTH FROM PRELOAD]?	
	BOTH NAME AND YEAR OF BIRTH ARE CORRECT (GO TO QUESTION 3) SMALL CHANGES NEEDED (GO TO QUESTION 2) WRONG PERSON (TERMINATE INTERVIEW)	
2. F	PLEASE TYPE IN THE CORRECTED RESPONDENT INFORMATION, WHERE NEEDED.	
	FIRST NAME: NO CHANGE NEEDED LAST NAME: NO CHANGE NEEDED YEAR OF BIRTH: NO CHANGE NEEDED	
FO	R NEW COHORT RESPONDENT ONLY	
	ust to confirm, your name is [FILL FIRST AND LAST NAME FROM PRELOAD] and your year of birth is LL IN YEAR OF BIRTH FROM PRELOAD]?	
	BOTH NAME AND YEAR OF BIRTH ARE CORRECT (GO TO QUESTION 5) SMALL CHANGES NEEDED (GO TO QUESTION 2A) WRONG PERSON (TERMINATE INTERVIEW)	
	THOUT YOB (ONLY FOR NEW COHORT RESPONDENTS WITHOUT YOB FROM HOUSEHOLD REENER):	
1. J	ust to confirm, your name is [FILL FIRST AND LAST NAME FROM PRELOAD]?	
	NAME IS CORRECT (GO TO QUESTION 3) SMALL CHANGES NEEDED (GO TO QUESTION 2B) WRONG PERSON (TERMINATE INTERVIEW)	
Wľ	THOUT LAST NAME (ONLY FOR NEW COHORT SPAWNED PARTNERS):	
	ust to confirm, your name is [FILL FIRST NAME FROM PRELOAD]? NAME IS CORRECT (GO TO QUESTION 4) SMALL CHANGES NEEDED (GO TO QUESTION 2C) WRONG PERSON (TERMINATE INTERVIEW)	
$\angle A$.	PLEASE TYPE IN THE CORRECTED RESPONDENT INFORMATION, WHERE NEEDED.	

	FIRST NAME: NO CHANGE NEEDED
	LAST NAME:
	NO CHANGE NEEDED YEAR OF BIRTH:
	NO CHANGE NEEDED (NOTE: SKIPS TO QUESTION 5)
2B	PLEASE TYPE IN THE CORRECTED RESPONDENT INFORMATION, WHERE NEEDED.
	FIRST NAME: NO CHANGE NEEDED LAST NAME:
	NO CHANGE NEEDED (NOTE: SKIPS TO QUESTION 3)
2C	PLEASE TYPE IN THE CORRECTED RESPONDENT INFORMATION, WHERE NEEDED
	FIRST NAME: NO CHANGE NEEDED (NOTE: SKIPS TO QUESTION 4)
3. V	What is your year of birth?
	YEAR OF BIRTH: DON'T KNOW REFUSED
4. V	What is your last name?
	DON'T KNOW (TERMINATE INTERVIEW) REFUSED (TERMINATE INTERVIEW)
FO	OR REFERANT RESPONDENT ONLY
wo	have a consent form that describes the study procedures, risks and benefits of participation, and confidentiality. I uld like to read this form to you. If you prefer, however, you may read it to yourself. May I read the form to you w or would you like to read it yourself?
	OOSE ONE R TO READ FORM (GO TO QUESTION 4) FI TO READ FORM TO R (GO TO QUESTION 5)
FO	Take your time and after you're finished I'll ask you to sign the form. PRESS CONTINUE WHEN CONSENT RM HAS BEEN READ AND SIGNED BY THE RESPONDENT. CONTINUE (GO TO NEXT SECTION)
TH	READ FORM TO R. PRESS CONTINUE WHEN CONSENT FORM HAS BEEN READ AND SIGNED BY TE RESPONDENT. CONTINUE (GO TO NEXT SECTION)
FO	OR NEW COHORT RESPONDENT ONLY
wo	have a consent form that describes the study procedures, risks and benefits of participation, and confidentiality. I uld like to read this form to you. If you prefer, however, you may read it to yourself. May I read the form to you w or would you like to read it yourself?
	OOSE ONE R TO READ FORM (GO TO QUESTION 6)

☐ FI TO READ FORM TO R (GO TO QUESTION 7)	
6. Take your time and after you're finished I'll ask you to sign the form. PRESS CONTINUE WHEN CONSTORM HAS BEEN READ AND SIGNED BY THE RESPONDENT. ☐ CONTINUE (GO TO NEXT SECTION)	SENT
7. READ FORM TO R. PRESS CONTINUE WHEN CONSENT FORM HAS BEEN READ AND SIGNED THE RESPONDENT. CONTINUE (GO TO NEXT SECTION)) BY

II. BASIC BACKGROUND INFORMATION

REMINDER: CONNECT THE ACCELEROMETER DEVICE TO THE LAPTOP NOW TO CHARGE THE BATTERY.

- OPEN THE CAP OF THE DEVICE AND PLUG THE SMALL END OF THE USB CABLE INTO THE SMALL SLOT ON THE END OF THE DEVICE.
- PLUG THE LARGE END OF THE USB CABLE INTO THE LAPTOP.

IF THE RESPONDENT ASKS ABOUT THE DEVICE, EXPLAIN THAT IT IS FOR AN UPCOMING MEASURE AND WILL BE EXPLAINED FULLY LATER IN THE INTERVIEW.

□ CONTINUE □ FORGOT DEVICE □ DEVICE UNAVAILABLE
FOR NEW COHORT RESPONDENT ONLY
1. PLEASE INDICATE THE GENDER OF THE RESPONDENT.
IF UNCLEAR, ASK: I am required to ask you the following: are you male or female? ☐ Male ☐ Female
2. First, we would like to get some basic background information about you.
In what month, day, and year were you born?
THESE ARE CRITICAL ITEMS. DON'T KNOW AND REFUSED ARE DISABLED. PLEASE PROBE FOR A RESPONSE.
☐(MONTH)(DAY – ENTER A NUMBER FROM 1-31)(YEAR)
Now I'd like to ask you some questions about your schooling.
3. Have you received a high school diploma or passed a high school equivalency test? ☐ YES, DIPLOMA (SKIP TO COLLEGE) ☐ YES, EQUIVALENCY (GO TO HSCHLGR1) ☐ NO (SKIP TO HSCHLGR2) ☐ DON'T KNOW (SKIP TO HSCHLGR2) ☐ REFUSED (SKIP TO HSCHLGR2)
4. How many grades of school did you finish prior to getting your GED? (# OF YRS 0-11) (SKIP TO COLLEGE) DON'T KNOW (SKIP TO COLLEGE) REFUSED (SKIP TO COLLEGE)
5. How many grades of school did you finish? (# OF YRS 0-11) DON'T KNOW REFUSED
6. Did you attend college or university? ☐ YES (GO TO COLLEGEY) ☐ NO (SKIP TO DEGREE) ☐ DON'T KNOW (SKIP TO DEGREE)

☐ REFUSED (SKIP TO DEGREE)

7. I	How many years did you complete at college or university? If you did graduate work, please include this also. (# OF YEARS 0-20)
	DON'T KNOW
	REFUSED
8. V	What is the highest degree or certification you have earned?
	None
	High school diploma/equivalency
	Associate's (2-year college) or post-HS vocational certificate
	Bachelor's (4-year college) degree
	Master's degree/MBA
	Law or MD
	PhD
	Other (SPECIFY)
	DON'T KNOW
	REFUSED
	Do you consider yourself primarily White or Caucasian, Black or African-American, American Indian, Asian or
	nething else?
	WHITE/CAUCASIAN
	BLACK/AFRICAN AMERICAN
	AMERICAN INDIAN OR ALASKAN NATIVE
	ASIAN OR PACIFIC ISLANDER
	OTHER (SPECIFY)
	DON'T KNOW
	REFUSED
10.	Do you consider yourself Hispanic or Latino?
	YES
	NO
	DON'T KNOW
	REFUSED

III. SOCIAL CONTEXT

Name Generator

FOR REFERANT AND NEW COHORT RESPONDENTS

RE: QUESTIONS 1-6: HAVE RESPONDENT USE ROSTER TO LIST PERSONS IDENTIFIED IN THIS SECTION

Now we are going to ask you some questions about your relationships with other people. We will begin by identifying some of the people you interact with on a regular basis. You may refer to these people in any way you want; for example, you may use just their first names or nicknames. We are not interested in the identities of these persons, we just need to have some way to refer to them so that when we ask you some follow-up questions we both know whom we are talking about.

1. From time to time, most people discuss things that are important to them with others. For example, these may include good or bad things that happen to you, problems you are having, or important concerns you may have. Looking back over the last 12 months, who are the people with whom you most often discussed things that were important to you? Please list these people in Section A of your roster.

(PROMPT IF "DON'T KNOW": This could be a person you tend to talk to about things that are important to you.)

- TURN TO ROSTER PAGE IN ALL-IN-ONE. GIVE BOOKLET TO RESPONDENT AND ASK HIM OR HER TO WRITE UP TO 5 NAMES IN SECTION A.
- WHEN RESPONDENT HAS FINISHED WRITING NAMES IN ROSTER A, PROMPT ONCE IF HE OR SHE HAS NAMED FEWER THAN 5 PEOPLE: Are there any more? IF THE ANSWER IS "NO," DO NOT PUSH FURTHER.
- TAKE ALL-IN-ONE BOOKLET AND ENTER NAMES IN SECTION A INTO CAPI IN THE ORDER IN WHICH THEY WERE IDENTIFIED BY THE RESPONDENT.

IF NO ONE IS LISTED IN ROSTER SKIP TO Q2.

	1A. Which of the following best describes [NAME]'s relationship to you? (PROMPT IF NEEDED: So this person		
is y	our) (USE HAND CARD A)		
	Spouse		
	Ex-spouse		
	Romantic/Sexual partner		
	Parent		
	Parent in-law		
	Child		
	Step-child		
	Brother or sister		
	Grandchild		
	Other relative of yours		
	Other in-law		
	Friend		
	Neighbor		
	Co-worker or boss		
	Minister, priest, or other clergy		
	Psychiatrist, psychologist, counselor, or therapist		
	Caseworker/Social worker		
	Housekeeper/Home health care provider		
	OTHER (SPECIFY)		

IF SPOUSE IS SELECTED IN QUESTION 1A, 2-4 WILL BE SKIPPED

 2. Are you currently married, living with a partner, separated, divorced, widowed, or have you never been married. □ MARRIED □ LIVING WITH A PARTNER □ SEPARATED □ DIVORCED □ WIDOWED □ NEVER MARRIED 	ed?
ASK QUESTION 3 ONLY IF RESPONDENT ANSWERED "SEPARATED", "DIVORCED", "WIDOWED", ONEVER MARRIED" TO QUESTION 2 3. Do you currently have a romantic, intimate, or sexual partner? YES NO	OR
ASK QUESTION 4 ONLY IF RESPONDENT ANSWERED "MARRIED" OR "LIVING WITH A PARTNER" TO QUESTION 2, OR "YES" TO QUESTION 3 4. Is your [CURRENT PARTNER] someone we wrote down on your roster earlier? YES (SKIP TO Q4A) NO (SKIP TO Q4B)	ı
SHOW RESPONDENT THE SOCIAL NETWORK ROSTER 4A. Please tell me the line number on which this person appears.	
IF RESPONDENT IS NOT MARRIED OR COHABITING AND REPORTS HAVING MORE THAN ONE CURRENT PARTNER, ASK HIM OR HER TO PICK THE PARTNER HE OR SHE CONSIDERS TO BE THI MOST IMPORTANT. SELECT LINE NUMBER	Е
4B. Would you please add this person to Section B. GIVE ALL-IN-ONE BACK TO RESPONDENT AND ASK HIM OR HER TO WRITE THIS PERSON'S NAM IN SECTION B OF THE ROSTER. TAKE ALL-IN-ONE BOOKLET AND ENTER NAME OF PERSON ADDED TO SECTION B INTO CAPI.	Æ
5. (Excluding the people we wrote down on your roster earlier,) are there (other) people who live in your househowith you? YES (SKIP TO 5A) NO (SKIP TO PEOPLST)	old
5A. Please add these people to your list in Section C. GIVE ALL-IN-ONE BACK TO RESPONDENT AND ASK HIM OR HER TO WRITE THE NAMES OF ANY (OTHER) HOUSEHOLD MEMBERS IN ROSTER SECTION C.	7
TAKE ALL-IN-ONE BOOKLET AND ENTER ALL NAMES THE RESPONDENT ADDS TO SECTION C INTO CAPI.	
SKIP 5B IF THE RESPONDENT DOES NOT ADD ANYONE TO SECTION C 5B. Which of the following best describes [NAME]'s relationship to you? (PROMPT IF NEEDED: So this person your) (USE HAND CARD B) □ Ex-spouse	n is
□ Romantic/Sexual partner □ Parent □ Parent in-law □ Child □ Step-child	

Brother or sister
Grandchild
Other relative of yours
Other in-law
Friend
Neighbor
Co-worker or boss
Minister, priest, or other clergy
Psychiatrist, psychologist, counselor, or therapist
Caseworker/Social worker
Housekeeper/Home health care provider
OTHER (SPECIFY)
there any more? YES NO
FORE GOING ON, REVIEW THE ENTIRE LIST WITH THE RESPONDENT BY RE. UBLE CHECK THAT THE INFORMATION ON THE SCREEN IS CORRECT AND

ADING IT OUT LOUD. THAT THERE ARE NO DUPLICATES.

- IF INFORMATION IS INCORRECT, CLICK PREVIOUS, MOVING BACKWARDS UNTIL YOU REACH THE SCREEN OF THE MISTAKE. CORRECT THE MISTAKE AND CLICK NEXT TO MOVE FORWARD.
- IF THERE ARE DUPLICATES (I.E., THE SAME PERSON LISTED TWICE), CLICK ON THE BOX NEXT TO THE PERSON'S NAME. IN THE TEXT BOX NEXT TO THE DUPLICATE EXPLAIN THE SITUATION.
- IF THERE ARE NO DUPLICATES AND ALL THE INFORMATION IS CORRECT, CHOOSE 'ALL THE INFORMATION IS CORRECT' AND CLICK NEXT.

IF R DOES NOT LIST ANYONE IN THEIR ROSTER, SKIP TO SOCIAL SUPPORT.

Roster Follow-up Questions		
(LOOP) FOLLOW-UP QUESTIONS: REPEAT FOR EACH INDIVIDUAL NAMED IN SOCIAL NETWORK ROSTER.		
Next we are going to ask you some questions about the people you have just listed. We'll start with [NAME (RELATIONSHIP)].		
1. Is [NAME (RELATIONSHIP)] male or female? ☐ Male ☐ Female		
SKIP IF [NAME] IS LISTED IN SECTION C (OTHER HOUSEHOLD MEMBERS) 2. Does [NAME (RELATIONSHIP)] live in the same household with you? (INTERVIEWER NOTE: LIVES IN SAME RESIDENCE WITH RESPONDENT, NOT IN SAME APARTMENT COMPLEX.) YES – lives in the same household NO – does not live in household IF VOLUNTEERED – LIVES WITH RESPONDENT PART OF THE YEAR		
FOR REFERANT RESPONDENT ONLY		
ASK ONLY FOR PEOPLE LISTED IN ROSTER C		
3. What is [NAME (RELATIONSHIP)]'s age? (PROMPT IF NEEDED: It's okay if you don't know the exact age, just give us your best guess.)		
FOR NEW COHORT RESPONDENT ONLY		
SKIP IF [NAME] IS NOT A HOUSEHOLD MEMBER 3. What is [NAME (RELATIONSHIP)]'s age? (PROMPT IF NEEDED: It's okay if you don't know the exact age, just give us your best guess.)		
FOR BOTH REFERANT AND NEW COHORT RESPONDENTS		
ASK ONLY IF R DOES NOT KNOW OR REFUSES Q3 3A. Is [NAME] older than you, younger than you, or about the same age? ☐ OLDER THAN YOU ☐ YOUNGER THAN YOU ☐ ABOUT THE SAME AGE		
SKIP IF [NAME] IS A HOUSEHOLD MEMBER 4. Does (NAME) live in your local area that is, within a 20-minute walk or within about a mile of your home? Yes No		
[SKIP IF PERSON IS LISTED ON ROSTER C] 5. How often do you talk to this person?		
IF RESPONDENT ASKS, SAY THAT TALKING OVER THE TELEPHONE AND PERSONAL EMAIL (I.E., EMAIL BACK AND FORTH BETWEEN THE TWO OF YOU) MAY BE INCLUDED. (USE HAND CARD C) □ Every day □ Several times a week		

Once every two weeksOnce a month

☐ Once a week

	A couple times a year Once a year Less than once a year	
(Loop) Network Density		
(USE HAND CARD D)		
In the next set of questions, I'm going to give you two of the names you listed earlier, and ask you to indicate how frequently these two people talk to each other by using the categories on this card. Once we get started, I think you'll see that this works pretty easily. Let's start with [NAME1] and [NAME2].		
1. How frequently do [NAME1] and [NAME2] talk to each other?		
BE	RESPONDENT ASKS, SAY THAT TALKING OVER THE TELEPHONE AND PERSONAL EMAIL MAY INCLUDED. Every day Several times a week Once a week Once every two weeks Once a month A couple times a year Once a year Less than once a year Have never spoken to each other	

FOR REFERANT RESPONDENT ONLY

CAPI WILL DISPLAY PAST WAVES ROSTER (COMBINED WAVE 2 AND WAVE 1) AND WAVE 3 ROSTER)

Before we conclude this section of the survey, I'd like to verify any changes between the list you've created today and the list you created in a previous interview.

1.	R DID NOT LIST ANYONE ON WAVE 3 ROSTER SKIP TO Q2 Is [NAME] included in the first list you created? YES (GO TO Q1A) NO (SKIP TO Q1B)
1A	. Under what name does [NAME] appear on the first list?
(RI	ECORD LINE NUMBER)
1B	IF "NO" TO Q1. How long have you known [NAME]?
(US	SE HAND CARD E)
	Less than a year 1 to 3 years 3 to 6 years More than 6 years
1C.	IF "NO" TO Q1 AND ROSTER MEMBER LIVES WITH RESPONDENT:
gue	nat is [NAME]'s age? [PROMPT IF NEEDED: It's okay if you don't know the exact age, just give us your best ess.] AGE
AS	K ONLY IF R DOES NOT KNOW OR REFUSES Q1C
	Is [NAME] older than you, younger than you, or about the same age? OLDER THAN YOU YOUNGER THAN YOU ABOUT THE SAME AGE OTE: Same variable as in 1c above)
W1 bes	IF "YES" to Q1, ROSTER MEMBER IS HOUSEHOLD MEMBER AND R DID NOT PROVIDE AGE IN : What is [NAME]'s age? [PROMPT IF NEEDED: It's okay if you don't know the exact age, just give us your t guess.] AGE
(NO	OTE: Same variable as in Q1D above)
AS	K ONLY IF R DOES NOT KNOW OR REFUSES Q1E
	Is [NAME] older than you, younger than you, or about the same age? OLDER THAN YOU YOUNGER THAN YOU ABOUT THE SAME AGE

PLEASE REVIEW ROSTERS TO DOUBLE CHECK THAT THE MATCHES YOU HAVE MADE ARE CORRECT AND TO MAKE SURE THAT THERE AREN'T OTHERS THAT SHOULD BE MATCHED.

who	I noticed that in a previous interview, you also listed [NAME from WAVE 2 or WAVE 1] as someone with om you discuss important matters, but you did not list [NAME] this time. Is [NAME] still living? YES (GO TO Q2A) NO
	What is the main reason you are no longer in touch with [NAME]? I moved [NAME] moved I became ill or had a health problem [NAME] became ill or had a health problem Other (Specify)
	R BOTH RESPONDENT GROUPS HEN FINISHED:
That completes our questions about the relationships among the people you listed. Thank you for bearing with us.	
FO	R NEW COHORT RESPONDENTS ONLY
spo	u have identified [NAME OF PARTNER FROM SNR] age [AGE OF PARTNER FROM SNR] to be your use or partner. When we first spoke to your household, the following person(s) were identified as being eligible participate in our study. Is [NAME] the same person as:
	[FIRST NAME] [LAST NAME] [YOB] [AGE] (NOTE: ALL PEOPLE OTHER THAN THE RESPONDENT WHO SPAWNED FROM THE HOUSEHOLD SCREENER ARE LISTED IN A TABLE HERE WITH AS MANY OF THESE FIELDS FILLED IN POSSIBLE BASED ON INFORMATION FROM THE HOUSEHOLD SCREENER] Not listed Don't Know
You have identified [NAME OF PARTNER FROM SNR] age [AGE OF PARTNER FROM SNR] to be your spouse or partner. We know that our partners have an important impact on our lives. To better understand the roles our partners play in shaping our health and social relationships, we will ask your partner to participate in an interview. Let be be a lateral to the partner of the lateral partner of the	

spouse or partner. We know that our partners have an important impact on our lives. To better understand the role our partners play in shaping our health and social relationships, we will ask your partner to participate in an interview. Just as I asked you about your own attitudes and behaviors, I will ask your partner about their own attitudes and behaviors. If your partner decides to participate, please know that I will not share your confidential survey answers with your partner, or vice versa. All of the answers will remain **confidential.**

FOR REFERANT AND NEW COHORT RESPONDENT GROUPS

Support from Partner

ASK THIS SECTION ONLY IF RESPONDENT HAS CURRENT PARTNER

For this next set of questions, I'd like you to think about your relationship with [CURRENT PARTNER].

1. Taking all things together, how would you describe your [MARRIAGE/RELATIONSHIP] with [CURRENT PARTNER] on a scale from 1 to 7 with 1 being very unhappy and 7 being very happy? (USE HAND CARD F)	
 □ 1 Very unhappy □ 2 □ 3 □ 4 Neither happy or unhappy □ 5 □ 6 □ 7 Very happy 	
 2. Some couples like to spend their free time doing things together, while others like to do different things in the free time. What about you and [CURRENT PARTNER]? Do you like to spend free time doing things together, doing things separately? □ TOGETHER □ SOME TOGETHER, SOME DIFFERENT □ DIFFERENT/SEPARATE THINGS 	
3. How often can you open up to [CURRENT PARTNER] if you need to talk about your worries? Would you so never, hardly ever or rarely, some of the time or often? (USE HAND CARD G) □ Never □ Hardly ever or rarely □ Some of the time □ Often	ау
4. How often can you rely on [CURRENT PARTNER] for help if you have a problem? Would you say never, hardly ever or rarely, some of the time or often? (USE HAND CARD G) □ Never □ Hardly ever or rarely □ Some of the time □ Often	
5. How often does [CURRENT PARTNER] make too many demands on you? Would you say never, hardly everarely, some of the time or often? (USE HAND CARD G) ☐ Never ☐ Hardly ever or rarely ☐ Some of the time ☐ Often	r or
6. How often does [CURRENT PARTNER] criticize you? Would you say never, hardly ever or rarely, some of time or often? (USE HAND CARD G) □ Never □ Hardly ever or rarely □ Some of the time □ Often	the
7. How much does [CURRENT PARTNER] really understand the way you feel about things? Would you say never, hardly ever or rarely, some of the time or often? (USE HAND CARD G)	

	Never Hardly ever or rarely Some of the time Often
Wo	How often does [CURRENT PARTNER] open up to you if [HE/SHE] needs to talk about [HIS/HER] worries? uld you say never, hardly ever or rarely, some of the time or often? (USE HAND CARD G) Never Hardly ever or rarely Some of the time Often
hard	How often does [CURRENT PARTNER] rely on you for help if [SHE/HE] has a problem? Would you say neverally ever or rarely, some of the time or often? (USE HAND CARD G) Never Hardly ever or rarely Some of the time Often
nev	How much does [CURRENT PARTNER] let you down when you are counting on [HIM/HER]? Would you say er, hardly ever or rarely, some of the time or often? (USE HAND CARD G) Never Hardly ever or rarely Some of the time Often
of the	How often does [CURRENT PARTNER] get on your nerves? Would you say never, hardly ever or rarely, some ne time or often? (USE HAND CARD G) Never Hardly ever or rarely Some of the time Often

Elder Mistreatment

FOR REFERANT RESPONDENT ONLY

(PROGRAMMING NOTE: The Elder Mistreatment section is only administered to RRs with a year of birth of 1955 or earlier; RRs born in 1956 or later will skip this section.)

For this next section, please think about ways that people behave towards you that bother you. Specifically, think of people and your relationships with them.

	Since you turned 60, has there been a family conflict at home? Yes No DON'T KNOW REFUSED
	SINCE YOU TURNED 60, have you felt uncomfortable with anyone in your family? Yes No DON'T KNOW REFUSED
	SINCE YOU TURNED 60, have you felt that nobody wanted you around? Yes No DON'T KNOW REFUSED
	SINCE YOU TURNED 60, has anyone told you that you gave them too much trouble? Yes No DON'T KNOW REFUSED
	SINCE YOU TURNED 60, have you been afraid of anyone in your family? Yes No DON'T KNOW REFUSED
	SINCE YOU TURNED 60, has anyone close to you tried to hurt or harm you? Yes No DON'T KNOW REFUSED
you	SINCE YOU TURNED 60, has someone in your family made you stay in bed or told you that you are sick when know you are not? Yes No DON'T KNOW REFUSED
	SINCE YOU TURNED 60, has anyone close to you called you names or put you down or made you feel badly? Yes No DON'T KNOW

□ REFUSED	
 9. SINCE YOU TURNED 60, has anyone forced you to do things you didn't want to do? ☐ Yes ☐ No ☐ DON'T KNOW ☐ REFUSED 	
10. SINCE YOU TURNED 60, has anyone taken things that belong to you without your OK? ☐ Yes ☐ No ☐ DON'T KNOW ☐ REFUSED	
 11. SINCE YOU TURNED 60, has anyone borrowed your money without paying you back? ☐ Yes ☐ No ☐ DON'T KNOW ☐ REFUSED 	
(Loop) Follow-up Questions	
ASK ONLY IF RESPONDENT ANSWERS "YES" TO Q2, Q3, Q4, Q5, Q6, Q7, Q8, Q9, Q10, or Q11	
12. You mentioned that, since you turned 60, [TEXT FILL FROM Q2 – Q11].	
TEXT FILLS: IF YES TO Q2: you have felt uncomfortable with someone in your family IF YES TO Q3: you have felt that nobody wanted you around IF YES TO Q4: someone has told you that you gave them too much trouble IF YES TO Q5: you have been afraid of someone in your family IF YES TO Q6: someone close to you has tried to hurt or harm you IF YES TO Q7: someone in your family made you stay in bed or told you that you were sick when you knew you were not IF YES TO Q8: someone close to you called you names or put you down or made you feel badly IF YES TO Q9: someone forced you to do things you didn't want to do IF YES TO Q10: someone has taken things that belong to you without your OK IF YES TO Q11: someone has borrowed your money without paying you back	
12A. How serious of a problem was this for you? ☐ Not serious ☐ Somewhat serious ☐ Very serious ☐ DON'T KNOW ☐ REFUSED	
(LOOP) FOLLOW-UP QUESTIONS: ASK ONLY IF RESPONDENT ANSWERS "YES" TO Q2, Q3, Q4, Q5 Q6, Q7, Q8, Q9, Q10, or Q11	
12B. Thinking about the person who has done this the most since you turned 60, is this person someone we wrote down on your roster earlier? ☐ YES (GO TO Q12C) ☐ NO (SKIP TO Q12D)	
SHOW RESPONDENT THE SOCIAL NETWORK ROSTER	

Late Updated 1/30/2018

12C. Please tell me the line number on which this person appears. (RECORD LINE NUMBER) USE HAND CARD H 12D. Which of the following best describes the person's relationship to you? ☐ Spouse ☐ Ex-spouse ☐ Romantic/Sexual partner Parent ☐ Parent in-law ☐ Child ☐ Step-child ☐ Brother or sister ☐ Grandchild ☐ Other relative of yours ☐ Other in-law ☐ Friend □ Neighbor ☐ Co-worker or boss ☐ Minister, priest, or other clergy ☐ Psychiatrist, psychologist, counselor, or therapist

☐ Caseworker/Social worker

☐ OTHER (SPECIFY) _

☐ Housekeeper/Home health care provider

IV. PHYSICAL HEALTH

Self-Reported Health

FOR BOTH REFERANT AND NEW COHORT RESPONDENTS

Th	This section is about your physical health. First, we would like to ask you some general questions.		
	Would you say your health is excellent, very good, good, fair, or poor? (USE HAND CARD I) Excellent Very good Good Fair Poor		
	Today, do you have a head cold or chest cold? Yes No		
	NO QUESTIONS IN THIS WAVE for either Respondent group in the following sections: Sensory Function		
Su	rgeries and Procedures		
FC	OR BOTH REFERANT AND NEW COHORT RESPONDENTS		
No	Now we would like to ask about different tests or procedures you may have had done.		
1. (1. (WOMEN ONLY) How long has it been since you had a mammogram?		
(U	(USE HAND CARD J)		
	Within the past year Between 1 and 2 years ago (INCLUSIVE) More than 2 years ago, but less than 5 years ago 5 or more years ago Never DON'T KNOW REFUSED		
	(WOMEN ONLY) Has a doctor ever suggested that you may no longer need regular mammograms? Yes No DON'T KNOW REFUSED		
	(WOMEN ONLY) Do you plan to have regular mammograms in the future? Yes No DON'T KNOW REFUSED IF VOLUNTEERED – I do what my doctor says		

test J) □	MEN ONLY) How long has it been since you had a Prostate-Specific Antigen test, also called a PSA? (PROMPT: A PSA test is a blood test used to check men for prostate cancer.) (USE HAND CARD Within the past year Between 1 and 2 years ago (INCLUSIVE) More than 2 years ago, but less than 5 years ago 5 or more years ago
	Never Never
	MEN ONLY) Do you plan to have regular PSA tests in the future? Yes No IF VOLUNTEERED – I do what my doctor says DON'T KNOW REFUSED
7. About how long has it been since you had a colonoscopy? (USE HAND CARD K)	
	Within the past year Between 1 and 5 years ago (INCLUSIVE) More than 5 years ago, but less than 10 years ago 10 or more years ago Never

BOTH REFERANT AND NEW COHORT RESPONDENTS

you 	During the past 12 months, did you have any trouble finding a general doctor or provider who would see at? 1 Yes 2 No DON'T KNOW REFUSED
quie	How often are you able to get an appointment when you are sick or need advice about your health as ckly as you think you need it? Never or almost never Sometimes Usually Always or almost always DON'T KNOW REFUSED
FO	R REFERANT RESPONDENT ONLY
foll psy	ce your last interview in [MONTH/YEAR], has a medical doctor told you that you have any of the owing conditions? (PROMPT: Medical doctors include specialists such as dermatologists, chiatrists, ophthalmologists, as well as general practitioners and osteopaths. Do not include ropractors, dentists, nurses, or nurse practitioners.)
HA	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU VE high blood pressure or hypertension? YES NO REFUSED DON'T KNOW
HA	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU VE osteo- or rheumatoid arthritis? YES NO REFUSED DON'T KNOW
2A.	IP IF 'NO' TO Q2 Which type of arthritis did your doctor tell you that you have? Osteo arthritis Rheumatoid arthritis Both DON'T KNOW REFUSED
HA	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU VE a heart condition? YES NO
	. IF YES TO Q3: SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD OU THAT YOU HAD a heart attack or myocardial infarction?

	YES NO REFUSED DON'T KNOW
to to (IN) AN AN	IF YES TO Q3: SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], Have you had a procedure reat coronary artery disease, such as cardiac by-pass surgery or placement of a coronary artery stent? TERVIEWER INSTRUCTION: IF RESPONDENT ASKS, THIS INCLUDES BALLOON GIPLASTY FOR TREATMENT OF CORONARY ARTERY DISEASE. IT DOES NOT INCLUDE ANGIOGRAM, WHICH IS A DIAGNOSTIC PROCEDURE) YES NO REFUSED DON'T KNOW
YO	IF YES TO Q3: SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD U THAT YOU HAD congestive heart failure or "CHF"? YES NO REFUSED DON'T KNOW
YO	IF YES TO Q3: SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD U THAT YOU HAD atrial fibrillation? YES NO REFUSED DON'T KNOW
HA	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU VE cancer other than skin cancer? YES NO REFUSED DON'T KNOW
5. H IF N REG	K ONLY IF 'YES' TO Q4 How many such cancers have you had? Number (1-20) MORE THAN ONE CANCER, ASK QUESTION 6 FOR FIRST CANCER AND FOR MOST CENT CANCER (LOOP UP TO TWO TIMES). LOOP ONLY ONCE IF ONE CANCER PORTED. DO NOT LOOP FOR SKIN CANCER.
	K ONLY IF RESPONDENT HAD CANCER: MORE THAN ONE CANCER:
FO	R FIRST LOOP, INTRO TEXT SHOULD READ: Now thinking about your first cancer
FO	R SECOND LOOP, INTRO TEXT SHOULD READ: Now thinking about your most recent cancer
	When did the cancer begin? (PROMPT IF NEEDED: How old were you?) ANSWERED IN MONTH AND YEAR ANSWERED BY AGE DON'T KNOW REFUSED

IF 'ANSWERED IN MONTH AND YEAR' TO Q6
MONTH: YEAR:
IF 'ANSWERED BY AGE' TO Q6
AGE:
ASK ONLY IF RESPONDENT HAD CANCER 6A. Sometimes, cancer will start in one place and spread to other parts of the body. Right now we are interested in knowing about primary cancer, or, in other words, where your cancer began. In which organ or part of your body did the cancer start? (DO NOT READ LIST)
□ BLADDER □ BONE □ BRAIN □ BREAST □ CERVIX (WOMEN ONLY) □ COLON □ ESOPHAGUS □ GALLBLADDER □ KIDNEY □ LARYNX-WINDPIPE □ LEUKEMIA □ LIVER □ LUNG □ LYMPHOMA □ MOUTH, TONGUE, OR LIP □ OVARY (WOMEN ONLY) □ PANCREAS □ PERITONEAL □ PROSTATE (MEN ONLY) □ RECTUM □ RENAL □ SOFT TISSUE (MUSCLE OR FAT) □ STOMACH □ TESTES (MEN ONLY) □ THROAT - PHARYNX □ THYROID □ UTERUS (WOMEN ONLY) □ VULVA (WOMEN ONLY) □ OTHER: (SPECIFY) □ OTHER: (SPECIFY)
ASK ONLY IF RESPONDENT HAD CANCER 6B. Has this cancer spread to other parts of your body? YES NO
7. SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU HAVE diabetes or high blood sugar? ☐ YES ☐ NO
IF YES TO Q7 7A. In what month and year did your doctor first tell you that you have diabetes or high blood sugar?

	NTH: AR:
HA'	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU VE emphysema, asthma, chronic bronchitis, or chronic obstructive pulmonary disease? YES NO REFUSED DON'T KNOW
HAI isch	INCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT YOU D a stroke, a cerebrovascular accident or CVA, a blood clot or bleeding in the brain, or transient emic attack or TIA? YES NO REFUSED DON'T KNOW
YOU Cog	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT U HAVE dementia, including Alzheimer's disease, vascular dementia, mixed dementia, or Mild nitive Impairment? YES NO REFUSED DON'T KNOW
YOU	SINCE YOUR LAST INTERVIEW IN [MONTH/YEAR], HAS A DOCTOR TOLD YOU THAT U HAVE a broken bone? YES NO REFUSED DON'T KNOW
11A	TES TO Q11 Which bone or bones? HIP LEG (OTHER THAN HIP) WRIST BACKBONE (VERTEBRAE) OR SPINAL COLUMN COMPRESSION FRACTURE NOSE SKULL FRACTURE OTHER (SPECIFY)
not t IF Y	Are there any other medical diseases or conditions that are important to your health now that we have talked about? YES, ASK: What are they? Yes

FOR NEW COHORT RESPONDENTS ONLY

Has a medical doctor ever told you that you have any of the following conditions? (PROMPT: Medical doctors include specialists such as dermatologists, psychiatrists, ophthalmologists, as well as general practitioners and osteopaths. Do not include chiropractors, dentists, nurses, or nurse practitioners.)

1. HAS A DOCTOR EVER TOLD YOU THAT YOU HAVE high blood pressure or hypertension?

	YES NO REFUSED DON'T KNOW
	HAS A DOCTOR EVER TOLD YOU THAT YOU HAVE osteo- or rheumatoid arthritis? YES NO REFUSED DON'T KNOW
2A.	IP IF 'NO' TO Q2 Which type of arthritis did your doctor tell you that you have Osteo arthritis Rheumatoid arthritis Both DON'T KNOW REFUSED
	HAS A DOCTOR EVER TOLD YOU THAT YOU HAVE a heart condition? YES NO
myo	IF YES TO Q3: HAS A DOCTOR EVER TOLD YOU THAT YOU HAD a heart attack or ocardial infarction? YES NO REFUSED DON'T KNOW
Surg ASI DIS	IF YES TO Q3: Have you had a procedure to treat coronary artery disease, such as cardiac by-pass gery or placement of a coronary artery stent? (INTERVIEWER INSTRUCTION: IF RESPONDENT KS, THIS INCLUDES BALLOON ANGIPLASTY FOR TREATMENT OF CORONARY ARTERY SEASE. IT DOES NOT INCLUDE AN ANGIOGRAM, WHICH IS A DIAGNOSTIC PROCEDURE) YES NO REFUSED DON'T KNOW
"CF	IF YES TO Q3: HAS A DOCTOR EVER TOLD YOU THAT YOU HAD congestive heart failure or HF"? YES NO REFUSED DON'T KNOW
	IF YES TO Q3: HAS A DOCTOR EVER TOLD YOU THAT YOU HAD atrial fibrillation? YES NO REFUSED DON'T KNOW
	HAS A DOCTOR EVER TOLD YOU THAT YOU HAVE cancer other than skin cancer? YES NO REFUSED

STO TES THE THY VUI	TT TISSUE (MUSCLE OR FAT) MACH TES (MEN ONLY) ROAT – PHARYNX (ROID ERUS (WOMEN ONLY) LVA (WOMEN ONLY) HER: (SPECIFY)
	ILY IF RESPONDENT HAD CANCER this cancer spread to other parts of your body?
7. HAS YES	A DOCTOR EVER TOLD YOU THAT YOU HAVE diabetes or high blood sugar?
IF YES 7 7A. In w MONTH YEAR: _	hat month and year did your doctor first tell you that you have diabetes or high blood sugar?
chronic of YES □ NO □ REF	
blood clo ☐ YES ☐ NO ☐ REF	
vascular YES NO REF	
□ YES□ NO□ REF	
☐ HIP☐ LEG	G (OTHER THAN HIP)

	NOSE
	SKULL FRACTURE
	OTHER (SPECIFY)
12.	Are there any other medical diseases or conditions that are important to your health now that we have
not	talked about?
IF '	YES, ASK: What are they?
	Yes
	No

FOR REFERANT RESPONDENT ONLY

□ NUMBER NOT RECORDED (NOT REFUSED)

We would like to understand how people's medical history and how their use of health care may change as they age. To do that, we need to obtain information about health care costs and diagnoses for statistical purposes. The best place to get this information without taking up a lot more of your time is in the Medicare files. Could you give me your Medicare number for this purpose?

INTERVIEWER NOTE: COMMON FORMATS OF MEDICARE NUMBERS INCLUDE:

- 000-00-0000-A
- 000-00-0000-B1

☐ DON'T KNOW

- W-000000

(PF	ROMPT IF NEEDED: Under the Privacy Act of 1974, providing your number is a voluntary decision.
The	e benefits you may be receiving under this program will not be affected in any way by your decision.)
	NUMBER RECORDED (CODE EXACT NUMBER)
	RESPONDENT REFUSED NUMBER

FOR BOTH REFERANT AND NEW COHORT RESPONDENTS

We are interested in what activities are easy or difficult for you. Please look at the answer categories on the hand card and tell me how much difficulty you have with each activity. Exclude any difficulties that you expect to last less than three months. (USE HAND CARD L)

	Preparing meals? No difficulty Some difficulty Much difficulty Unable to do IF VOLUNTEERED- HAVE NEVER DONE
	Caking your medications? No difficulty Some difficulty Much difficulty Unable to do IF VOLUNTEERED- HAVE NEVER DONE
	•
	Shopping for groceries? No difficulty Some difficulty Much difficulty Unable to do IF VOLUNTEERED- HAVE NEVER DONE
	Some difficulty
	Jsing a telephone? No difficulty Some difficulty Much difficulty Unable to do IF VOLUNTEERED- HAVE NEVER DONE
7. V	Valking across a room? No difficulty Some difficulty Much difficulty Unable to do IF VOLUNTEERED- HAVE NEVER DONE

	Some difficulty Much difficulty Unable to do
	Some difficulty Much difficulty Unable to do
	Some difficulty Much difficulty Unable to do
	Eating, such as cutting up your food? No difficulty Some difficulty Much difficulty Unable to do IF VOLUNTEERED- HAVE NEVER DONE
12.	Some difficulty Much difficulty Unable to do
	Some difficulty Much difficulty Unable to do
14.	Much difficulty Unable to do
	Some difficulty

Care Receiving

ASK SECTION ONLY IF R HAD "SOME DIFFICULTY" "MUCH DIFFICULTY" OR "UNABLE TO DO" FOR ANY FUNCTIONAL HEALTH ITEM

TEXT FILLS: IF YES TO Q1: preparing meals IF YES TO Q2: taking your medications IF YES TO Q3: managing your money such as writing checks and keeping track of bills IF YES TO Q4: shopping for groceries IF YES TO Q5: performing light housework such as dishes, light vacuuming, or dusting IF YES TO Q6: using a telephone IF YES TO Q7: walking across a room IF YES TO Q8: walking one block IF YES TO Q9: dressing, including putting on shoes and socks IF YES TO Q10: bathing or showering IF YES TO Q11: eating, such as cutting up your food IF YES TO Q12: getting in or out of bed IF YES TO Q13: using the toilet, including getting up and down IF YES TO Q14: driving a car during the day IF YES TO Q15: driving a car during the night	
 You mentioned that you have difficulty with some of these activities. Does anyone ever help you we [TEXT FILL FROM FUNCTIONAL HEALTH Q1-Q15]? YES NO 	ith
LOOP Qs 1 THROUGH 15 FOR EACH ITEM TO WHICH R RESPONDED "SOME DIFFICULTY," "MUCH DIFFICULTY," OR "UNABLE TO DO" YES NO	,
ASK IF "NO," "DON'T KNOW," OR "REFUSED" TO Q1: 1A. Would you like someone to help you with ☐ YES ☐ NO	
ASK IF 'YES' TO Q1 1B. You mentioned you received help with some of these activities. Thinking of the person who helps y most often, is this someone we wrote down on your roster earlier? YES (GO TO Q1C) NO (SKIP TO Q1D)	/ou
ASK IF 'YES' TO Q1A 1C. Please tell me the line number on which this person appears. RECORD LINE NUMBER	
ASK IF 'NO' TO Q1A 1D. Which of the following best describes this person's relationship to you? (USE HAND CARD M) Spouse Ex-spouse Romantic/Sexual partner Parent Parent Parent in-law	

	Child
	Step-child Step-child
	Brother or sister
	Grandchild
	Other relative of yours
	Other in-law
	Friend
	Neighbor
	Co-worker or boss
	Minister, priest, or other clergy
	Psychiatrist, psychologist, counselor, or therapist
	Caseworker/Social worker
	Housekeeper/Home health care provider
	OTHER (SPECIFY)
	K IF 'YES' TO Q1
	Thinking of the person who helps you most often, how reliable would you say this person has been
	er the past 12 months?
(US	SE HAND CARD N)
_	
	Not at all reliable
	Very reliable
	Completely reliable
	REFUSED

FOR BOTH REFERANT AND NEW COHORT RESPONDENTS

Now I will be asking you about physical activities you may do on a regular basis.

1. On average over the last 12 months how often have you participated in vigorous physical activity or exercise? By vigorous physical activity, we mean 30 minutes or more of things like sports, exercise classes, heavy housework, or a job that involves physical labor. (USE HAND CARD O) FI NOTES: WALKS FOR MORE THAN 30 MINUTES CAN COUNT	
□ 5 or more times per week □ 3 or 4 times per week □ 1-2 times per week □ 1-3 times per month □ Less than 1 time per month □ Never	
Next, we would like to know about your use of alcohol and tobacco	
2. Have you drunk alcohol in the last three months?□ YES□ NO	
ASK IF 'YES' TO Q2 3. In the last three months, on average, how many days per week have you had any alcohol to drink? For example, beer, wine, or any drink containing liquor. (DO NOT READ RESPONSES)	
☐ 7 (Every day) ☐ 6 ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 (None or less than once a week)	
ASK IF 'YES' TO Q2 4. In the last three months, on the days you drink, about how many drinks do you have? DRINKS	
ASK IF 'YES' TO Q2 5. In the last three months, on how many days have you had four or more drinks in one occasion? (USE 0 FOR NONE) DAYS	
6. Do you smoke cigarettes, cigars or a pipe now? (INTERVIEWER INSTRUCTION: DOES NOT INCLUDE SNUFF, CHEWING TOBACCO OR ANY OTHER FORMS OF TOBACCO) ☐ YES ☐ NO	
ASK IF 'YES' TO Q6 7. On the average, how many cigarettes, cigars or pipes per day do you usually smoke? (NOTE: ONE PACK = 20 CIGARETTES)	

V. COGNITIVE MEASURES

Cognitive Measures

- 1. COGNITIVE MEASURES (QUESTIONS, PROTOCOLS AND MATERIALS FOR THE COGNITIVE FUNCTION MEASURES ARE ALL THE SAME AS WAVE 2)
- IN PREPARATION FOR BLOOD SPOTS ACTIVATE THE HAND WARMER BY SHAKING IT VIGOROUSLY FOR A FEW SECONDS.

The next questions are about problem solving and memory. The questions may seem unusual, but they are routine questions we ask everyone. Some of the questions are very easy and some are difficult, so don't be surprised if you have trouble with some of them. Try your best to answer all of the questions without using clues from around the room. If you wear glasses for reading, please use them.

1.	Tell me the date today. First, tell me the month.
	APRIL MAY JUNE
(NO	SPONDENT'S ANSWER IS DTE: TODAY'S MONTH IS [TEXT FILL]) CORRECT INCORRECT/ HAD ERRORS DON'T KNOW
DA	w, tell me the exact date. TE(2 DIGITS) OTHER (SPECIFY): DON'T KNOW REFUSED
(NO	SPONDENT'S ANSWER IS OTE: TODAY'S EXACT DATE IS [TEXT FILL]) CORRECT INCORRECT/ HAD ERRORS DON'T KNOW
2.	Now, I want you to name this animal.

SHOW PICTURE #1 IN ALL-IN-ONE BOOKLET

	OTHER (SPECIFY): DON'T KNOW
3.	The next few things I will ask you to do are pencil and paper tasks. PLACE BLANK CLOCK PAPER FROM ALL-IN-ONE BOOKLET AND PEN BEFORE RESPONDENT.
N	ow, I'd like you to draw a clock. Put in all the numbers and set the time to 10 after 11.
ro	PROMPT IF NECESSARY: Try your best to complete this task without using clues from around the om, such as a clock or a watch.) COMPLETED TASK COMPLETED TASK, BUT LOOKED AT CLOCK OR WATCH TRIED, UNABLE TO DO R UNABLE TO UNDERSTAND INSTRUCTIONS REFUSED
4.	PLACE TRAIL PAPER FROM ALL-IN-ONE BOOKLET AND PEN BEFORE RESPONDENT
front in the front	ake a minute to look over the paper. Notice, there are both numbers and letters. Please draw a line, going om a number to a letter in increasing order. Begin here (POINT TO 1), and draw a line from 1 to A, then om A to 2, and so on. End here (POINT TO E). The first two lines have been drawn for you. COMPLETED TASK TRIED, UNABLE TO DO R UNABLE TO UNDERSTAND INSTRUCTIONS REFUSED
5.	This next section tests your memory. I am going to read a list of words that you will have to remember now and later on. Listen carefully. When I am through, tell me as many words as you can remember. It

doesn't matter in what order you say them. Ready?

READ SLOWLY (AT A RATE OF 1 WORD PER SECOND) AND PRONOUNCE CLEARLY: Face, Velvet, Church, Daisy, Red

INSTRUCT RESPONDENT TO REPEAT LIST

RECORD WHICH WORDS THE RESPONDENT REPEATS. THE ORDER DOES NOT MATTER.

	REPEATED	DID NOT REPEAT
FACE		
VELVET		
CHURCH		
DAISY		
RED		

6. I'm going to read the same list for a second time. Try to remember and tell me as many words as you can, including words you said the first time.

READ SLOWLY (AT A RATE OF 1 WORD PER SECOND) AND PRONOUNCE CLEARLY: Face, Velvet, Church, Daisy, Red

INSTRUCT RESPONDENT TO REPEAT LIST

RECORD WHICH WORDS THE RESPONDENT REPEATS. THE ORDER DOES NOT MATTER.

	REPEATED	DID NOT REPEAT
FACE		
VELVET		
CHURCH		
DAISY		
RED		

I will ask you to recall these words again later on.

•
7. Now, I am going to say some numbers and when I am through, repeat them to me exactly as I said them.
READ THE FIVE NUMBER SEQUENCE TO THE RESPONDENT AT A RATE OF ONE DIGIT PER SECOND.
2, 1, 8, 5, 4
HAVE R REPEAT DIGITS
 □ CORRECT ANSWER □ INCORRECT ANSWER □ TRIED, UNABLE TO DO □ R UNABLE TO UNDERSTAND INSTRUCTIONS □ REFUSED
8. Now I am going to say some more numbers, but when I am through, I want you to repeat them to me in the <u>backwards order</u> .
READ THE THREE NUMBER SEQUENCE TO THE RESPONDENT AT A RATE OF ONE DIGIT PER SECOND.
7, 4, 2
HAVE R REPEAT DIGITS IN THE BACKWARDS ORDER
 □ CORRECT ANSWER □ INCORRECT ANSWER □ TRIED, UNABLE TO DO □ R UNABLE TO UNDERSTAND INSTRUCTIONS □ REFUSED
9. GET STOPWATCH READY. Now, starting with 100, I would like you to subtract 7 and then keep counting down by 7. (YOU CAN REPEAT THESE INSTRUCTIONS IF NECESSARY.)
PRESS 'START/STOP' ON STOPWATCH. RECORD UP TO 6 NUMBERS.
RECORD FIRST NUMBER
□ □ DON'T KNOW □ REFUSED
RECORD SECOND NUMBER

	DON'T KNOW REFUSED
RE	CORD THIRD NUMBER
	DON'T KNOW REFUSED
RE	CORD FOURTH NUMBER
	DON'T KNOW REFUSED
RE	CORD FIFTH NUMBER
	DON'T KNOW REFUSED
RE	CORD SIXTH NUMBER
	DON'T KNOW REFUSED
WF	HEN R FINISHED, PRESS 'STOP/START' ON STOPWATCH.
RE	CORD TIME FROM STOPWATCH (MINUTES AND SECONDS): :
10.	I am going to read you a sentence. Repeat it after me, exactly as I say it. (PAUSE)
RE.	AD SENTENCE: The cat always hid under the couch when dogs were in the room.
НА	VE R REPEAT SENTENCE.
EX AD	PETITION MUST BE EXACT. BE ALERT FOR ERRORS THAT ARE OMISSIONS (FOR AMPLE, OMITTING "ALWAYS"). BE ALERT FOR ERRORS THAT ARE SUBSTITUTIONS OF DITIONS. BE ALERT FOR ERRORS THAT ALTER PLURALS (FOR EXAMPLE, BSTITUTING "HIDES" FOR "HID").
	CORRECT ANSWER (The cat always hid under the couch when dogs were in the room.) INCORRECT ANSWER TRIED, UNABLE TO DO R UNABLE TO UNDERSTAND INSTRUCTIONS REFUSED
11.	HAVE WORD ANSWER SHEET IN ALL-IN-ONE BOOKLET, PEN, AND STOPWATCH READY.

Tell me as many words as you can think of that begin with a certain letter of the alphabet that I will tell you in a moment. You can say any kind of word you want, except for proper nouns and names like Bob or Boston, and numbers or words that begin with the same sound, but have a different ending, for example, love, lover, loving. I will tell you to stop after 1 minute. I will record your answers in this booklet. Are you ready?

WHEN R IS READY: Now, tell me as many words as you can think of that begin with the letter F. PRESS 'START/STOP' ON STOPWATCH.

	TUNS OR WORDS THAT BEGIN WITH SAME SOUND). STOP TEST WHEN STOPWATCH SAYS IINUTE (0:0100).
	COMPLETED TASK STOPPED BEFORE 60 SECONDS IS UP TRIED, UNABLE TO DO R UNABLE TO UNDERSTAND INSTRUCTIONS REFUSED
For	this exercise, tell me what this pair of words has in common.
12.	Tell me how a ruler and a watch are alike?
	MEASURING INSTRUMENTS
	USED TO MEASURE
	THEY HAVE NUMBERS
	OTHER (SPECIFY):
	DON'T KNOW

RECORD WORDS ON WORD ANSWER SHEET. RECORD ALL WORDS (EVEN IF PROPER

13. I read a list of words to you earlier, which I asked you to repeat and remember. Tell me as many of those words as you can remember. It doesn't matter in what order you say them.

RECORD WHICH WORDS THE RESPONDENT REPEATS. THE ORDER DOES NOT MATTER.

	REPEATED	DID NOT REPEAT
FACE		
VELVET		
CHURCH		
DAISY		
RED		

14. COGNITIVE ASSESSMENT NOTES:

□ REFUSED

VI. BIOMEASURE BREAK

Weight

(IF RESPONDENT HASN'T ALREADY BROUGHT YOU THE MEDICATIONS: While I'm setting up for the next physical measures, please go get all medications that you take on a regular schedule, like every day or every week. This will include prescription and non-prescription medications, over-the-counter medicines, vitamins, and herbal and alternative medicines. I'll be recording them later.)

- IT IS VERY IMPORTANT TO HAVE THE ACTUAL BOTTLES/ CONTAINERS/ PACKAGES
- (PROMPT: Items not taken by mouth such as injections, inhalers, sprays, creams, patches, suppositories, and eye or ear drops **should be** included.)

Now let's measure your weight.

- DOUBLE CHECK SCALE IS SWITCHED TO POUNDS
- ALLOW THE SCALE TO ZERO
- ASK R TO STAND ON SCALE (PLACE FEET ON GRAY MARKS)
- WHEN READOUT IS STABLE, RECORD WEIGHT

I.	RECORD WEIGHT IN POUNDS:
	POUNDS
	R IN WHEELCHAIR
	R REFUSED TO STAND ON SCALE
	R OVER SCALE MAXIMUM
	EQUIPMENT PROBLEM
	TRIED, UNABLE TO DO

2. WEIGHT NOTES:

FOR NEW COHORT RESPONDENTS ONLY

Nex	at let's measure your waist.
	CONTINUE
	REFUSED (SKIP TO WAIST NOTES)

- HAVE R STAND WITH FEET TOGETHER
- HAVE R RELAX ARMS AND STOMACH AND BREATHE NORMALLY
- ASK R TO POINT TO NAVEL
- ESTIMATE THE NATURAL WAIST AT THE NARROWEST PART OF THE TORSO JUST ABOVE THE NAVEL. IN OVERWEIGHT INDIVIDUALS MEASURE JUST ABOVE THE NAVEL, EVEN WHEN THEIR WAIST IS THE WIDEST PART OF THE TORSO.
- PLACE MEASURING TAPE EVENLY AROUND THE WAIST
- MAKE SURE THE TAPE IS STRAIGHT AND NOT TWISTED

1.	RECORD WAIST TO THE NEAREST HALF INCH (##.#)
	INCHES
	EQUIPMENT PROBLEM
Ц	TRIED, UNABLE TO DO

2. WAIST NOTES:

FOR NEW COHORT RESPONDENTS ONLY

Now let's measure your height.

- HAVE R STAND STRAIGHT AGAINST WALL, FEET TOGETHER, EYES LOOKING FORWARD
- PLACE RAFTER SQUARE ON TOP OF R'S HEAD WITH WIDER EDGE VERTICAL AND FLAT AGAINST THE WALL
- PLACE POST-IT DIRECTLY BELOW THE RAFTER SQUARE ON THE WALL
- R STEP AWAY FROM WALL
- SET MEASURING TAPE AGAINST WALL AND MEASURE HEIGHT

1. RECORD HEIGHT TO THE NEAREST HALF INCH (##.#):	
□ R IN WHEELCHAIR □ R REFUSED TO BE MEASURED □ EQUIPMENT PROBLEM □ TRIED, UNABLE TO DO	
2. HEIGHT NOTES:	

Blood Pressure and Pulse #1

wa	w let's take two blood pressure readings and measure your pulse. While I am setting up, please get a glass of ter and drink it. It is necessary for upcoming measures. CONTINUE
	REFUSED (SKIP TO BP_NOTES)
•	IF R IS WEARING SHIRT WITH SLEEVES, ASK TO PUSH SLEEVE UP HAVE R PLACE BOTH FEET ON THE FLOOR HAVE R LAY LEFT ARM ON THE [SURFACE] PALM FACING UP PUT CUFF ON R, JUST ABOVE ELBOW WITH TUBE TOWARD INNER SIDE OF ARM ADJUST TIGHTNESS WITH ROOM FOR TWO FINGERS LOOK AT INDEX MARK ARROW ON CUFF
- I	F▲ POINTS WITHIN THE PROPER FIT RANGE, YOU ARE USING THE CORRECT CUFF SIZE F▲ POINTS AT ANOTHER CUFF SIZE, YOU ARE USING THE INCORRECT CUFF SIZE AND SHOULING THE RECOMMENDED CUFF
•	PRESS START
	ENTER READING EQUIPMENT PROBLEM (SKIP TO BP_INTRO_2) TRIED, UNABLE TO DO (SKIP TO BP_NOTES)
1.	ATTEMPT #1:
	SYSTOLIC
	L DIASTOLIC
2.	WAS THERE AN IRREGULAR HEARTBEAT (OUTLINE OF A HEART APPEARED ON MONITOR)?
	YES NO
3.	PULSE #1 (BOTTOM LINE):
_	PULSE ERROR READING
4.	WHAT ARM WAS USED FOR THE READING?
	LEFT ARM RIGHT ARM

WA	AIT ONE MINUTE BETWEEN FIRST AND SECOND READING
Let	s's take your final blood pressure reading.
	CONTINUE REFUSED (SKIP TO BP_NOTES)
	ATTEMPT #2: ENTER READING EQUIPMENT PROBLEM (SKIP TO BP_NOTES) TRIED, UNABLE TO DO (SKIP TO BP_NOTES)
	_SYSTOLIC
	DIASTOLIC
6.	WAS THERE AN IRREGULAR HEARTBEAT (OUTLINE OF A HEART APPEARED ON MONITOR)??
	YES NO
7.	PULSE #2 (BOTTOM LINE):
	PULSE ERROR READING
8.	WHAT ARM WAS USED FOR THE READING?
	LEFT ARM RIGHT ARM

IF EITHER OF THE BP READINGS WERE 200/120 OR HIGHER, DISPLAY THE FOLLOWING STATEMENT

Your blood pressure reading today was (AVERAGE SYSTOLIC READING) over (AVERAGE DIASTOLIC READING). This is a very high blood pressure reading. Please contact your physician about this reading.

IF EITHER OF THE BP READINGS WERE 80/50 OR LOWER, DISPLAY THE FOLLOWING STATEMENT

Your blood pressure reading today was (AVERAGE SYSTOLIC READING) over (AVERAGE DIASTOLIC READING). This is a very low blood pressure reading. Please contact your physician about this reading.

IF EITHER OF THE PULSE READINGS WERE 150 OR HIGHER, DISPLAY THE FOLLOWING STATEMENT

Your pulse reading today was (AVERAGE PULSE READING). This is a very high pulse reading. Please contact your physician about this reading.

IF EITHER OF THE PULSE READINGS WERE 50 OR LOWER, DISPLAY THE FOLLOWING STATEMENT

Your pulse reading today was (AVERAGE PULSE READING). This is a very low pulse reading. Please contact your physician about this reading.

9. BLOOD PRESSURE NOTES:

Balance Measure

Next we are going to do a balance measure. Let me first demonstrate this measure. After I demonstrate the measure, please tell me if you cannot do a particular movement or if you feel it would be unsafe to try and do it.

CONTINUE
R CANNOT PARTICIPATE (IN WHEELCHAIR, CAN'T STAND UNASSISTED) (SKIP TO Q4)
REFUSED (SKIP TO Q4)

1. POSITION #1

- USE HAND CARD BALANCE 1
- DEMONSTRATE FIRST POSITION WHILE EXPLAINING POSITION
 - STAND WITH FEET TOGETHER, SIDE-BY-SIDE FOR 10 SECONDS
 - TRY NOT TO MOVE YOUR FEET
 - TRY TO HOLD THIS POSITION UNTIL I TELL YOU TO STOP
- ASK R TO STAND IN FIRST POSITION
- ONCE R IS IN POSITION, SAY 'BEGIN' AND START TIMING
- TIME THE FIRST POSITION
 - o PUSH 'START/STOP' BUTTON ON STOPWATCH WHEN YOU SAY 'BEGIN'
 - o PUSH 'START/STOP' BUTTON ON STOPWATCH AND SAY 'STOP' AFTER 10 SECONDS, OR
 - PUSH 'START/STOP' BUTTON ON STOPWATCH IF RESPONDENT STEPS OUT OF THE POSITION BEFORE 10 SECONDS

WHEN R IS IN FIRST POSITION: "Are you ready?"

WHEN R IS READY, PUSH 'START/STOP' ON STOPWATCH AND SAY "Begin"

┙	NUMBER OF SECONDS HELD: (SKIP TO Q4	l IF < 10 SEC)
]	EQUIPMENT PROBLEM	(SKIP TO Q4)
	TRIED, UNABLE TO DO	(SKIP TO Q4)
	R COULD NOT HOLD POSITION UNASSISTED	(SKIP TO Q4)
	NOT ATTEMPTED, FI FELT IT WAS UNSAFE	(SKIP TO Q4)
	NOT ATTEMPTED, R FELT UNSAFE	(SKIP TO Q4)
	R UNABLE TO UNDERSTAND INSTRUCTIONS	(SKIP TO Q4)
	OTHER (SPECIFY):	(SKIP TO Q4)

2. POSITION #2

- USE HAND CARD BALANCE 2
- PUSH 'CLEAR' ON STOPWATCH
- DEMONSTRATE SECOND POSITION WHILE EXPLAINING POSITION
 - STAND WITH THE HEEL OF ONE FOOT TOUCHING THE SIDE OF THE BIG TOE OF THE OTHER FOOT FOR 10 SECONDS
 - o TRY NOT TO MOVE YOUR FEET
 - o TRY TO HOLD THIS POSITION UNTIL I TELL YOU TO STOP
- ASK R TO STAND IN SECOND POSITION
- ONCE R IS IN POSITION, SAY 'BEGIN' AND START TIMING
- TIME THE SECOND POSITION
 - PUSH 'START/STOP'BUTTON ON STOPWATCH WHEN YOU SAY 'BEGIN'
 - o PUSH 'START/STOP' BUTTON ON STOPWATCH AND SAY 'STOP' AFTER 10 SECONDS, OR
 - PUSH 'START/STOP' BUTTON ON STOPWATCH IF RESPONDENT STEPS OUT OF THE POSITION BEFORE 10 SECONDS
- WHEN R IS IN SECOND POSITION: "Are you ready?"

	THIEN IN TO BE LOW	DITOIT	COT L DE COTO DA	ON LOTTO DIVINE	CIT AND CARE	(CD : 11
•	WHEN R IS READY,	PUSH	START/STOP	ON STOPWAT	CH AND SAY	"Begin"

NUMBER OF SECONDS HELD:	(SKIP TO Q4 IF < 10 SEC)
EQUIPMENT PROBLEM	(SKIP TO Q4)
TRIED, UNABLE TO DO	(SKIP TO Q4)
R COULD NOT HOLD POSITION UNASSISTED	(SKIP TO Q4)
NOT ATTEMPTED, FI FELT IT WAS UNSAFE	(SKIP TO Q4)
NOT ATTEMPTED, R FELT UNSAFE	(SKIP TO Q4)
R UNABLE TO UNDERSTAND INSTRUCTIONS	(SKIP TO Q4)
OTHER (SPECIFY):	(SKIP TO Q4)

3. POSITION #3

- USE HANDCARD BALANCE 3
- PUSH 'CLEAR' ON STOPWATCH
- DEMONSTRATE THIRD POSITION WHILE EXPLAINING POSITION
 - STAND WITH THE HEEL OF ONE FOOT IN FRONT OF AND TOUCHING THE TOES OF THE OTHER FOOT FOR 10 SECONDS
 - o TRY NOT TO MOVE YOUR FEET
 - o TRY TO HOLD THIS POSITION UNTIL I TELL YOU TO STOP
- ASK R TO STAND IN THIRD POSITION
- ONCE R IS IN POSITION, SAY 'BEGIN' AND START TIMING
- TIME THE THIRD POSITION
 - $\circ\quad$ PUSH 'START/STOP' BUTTON ON STOPWATCH WHEN YOU SAY 'BEGIN'
 - o PUSH 'START/STOP' ON STOPWATCH AND SAY 'STOP' AFTER 10 SECONDS, OR
 - PUSH 'START/STOP' BUTTON ON STOPWATCH IF RESPONDENT STEPS OUT OF THE POSITION BEFORE 10 SECONDS

WHEN R IS IN THIRD POSITION: "Are you ready?"

WHEN R READY, PUSH 'START/STOP' ON STOPWATCH AND SAY "Begin"

u	NUMBER OF SECONDS HELD:	(SKIP TO Q4 IF < 10 SEC
	EQUIPMENT PROBLEM	(SKIP TO Q4)
	TRIED, UNABLE TO DO	(SKIP TO Q4)
	R COULD NOT HOLD POSITION UNASSISTED	(SKIP TO Q4)
	NOT ATTEMPTED, FI FELT IT WAS UNSAFE	(SKIP TO Q4)
	NOT ATTEMPTED, R FELT UNSAFE	(SKIP TO Q4)
	R UNABLE TO UNDERSTAND INSTRUCTIONS	(SKIP TO Q4)
	OTHER (SPECIFY):	(SKIP TO Q4)

4. BALANCE NOTES:

Timed Walk

Now I am going to observe h	ow you normally walk.	If you use a cane or	other walking aid a	and you feel you need i	t
to walk a short distance, then	you may use it. First, le	et me demonstrate thi	is measure.		

CONTINUE
R CANNOT PARTICIPATE (IN WHEELCHAIR, CAN'T STAND UNASSISTED) (SKIP TO Q4)
REFUSED (SKIP TO O4)

- USE PRE-CUT STRING TO MEASURE DISTANCE ON THE FLOOR
- DEMONSTRATE THE WALK WHILE PROVIDING INSTRUCTIONS
 - o STAND WITH TOES TOUCHING THE BEGINNING OF THE STRING
 - START WALKING WHEN I SAY BEGIN
 - o WALK AT YOUR USUAL PACE
 - o WALK PAST THE END OF THE STRING BEFORE YOU STOP
- ALLOW R TO USE HIS/HER WALKING AID (CANE OR WALKER)
- ASK R TO STAND AT BEGINNING OF STRING

1. TIMED WALK #1

When I say "Begin" you may start walking.

- PUSH 'START/STOP' ON STOPWATCH AND SAY 'Begin'
- PUSH 'START/STOP' ON STOPWATCH WHEN ONE OF R'S FEET IS COMPLETELY ACROSS THE OTHER END OF THE STRING

ABLE TO DO (SPECIFY SECONDS):	
EQUIPMENT PROBLEM	(SKIP TO WALK_NOTES)
TRIED, UNABLE TO DO	(SKIP TO WALK_NOTES)
R COULD NOT WALK UNASSISTED	(SKIP TO WALK_NOTES)
NOT ATTEMPTED, FI FELT UNSAFE	(SKIP TO WALK_NOTES)
NOT ATTEMPTED, R FELT UNSAFE	(SKIP TO WALK_NOTES)
R UNABLE TO UNDERSTAND INSTRUCTIONS	(SKIP TO WALK_NOTES)
OTHER (SPECIFY):	(SKIP TO WALK_NOTES)

2. TIMED WALKED #2

- ASK RESPONDENT TO REPEAT WALK, FROM THE END OF THE STRING BACK TO THE BEGINNING OF THE STRING
- PUSH 'CLEAR' ON STOPWATCH

When I say "Begin" you may start walking.

- PUSH 'START/STOP' ON STOPWATCH AND SAY 'Begin'
- PUSH 'START/STOP' ON STOPWATCH WHEN ONE OF R'S FEET IS COMPLETELY ACROSS THE OTHER END OF THE STRING

ABLE TO DO (SPECIFY SECONDS):
EQUIPMENT PROBLEM
TRIED, UNABLE TO DO
R COULD NOT WALK UNASSISTED
NOT ATTEMPTED, FI FELT UNSAFE
NOT ATTEMPTED, R FELT UNSAFE

☐ R UNABLE TO UNDERSTAND INSTRUCTIONS

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☐ OTHER (SPECIFY):
3. CHECK ALL THAT APPLY
 □ R WALKED UNSTEADILY □ R LIMPED, SHUFFLED OR DRAGGED A LEG □ R USED A CANE □ R USED WALKER □ R STATED IT'S PAINFUL □ NOTHING APPLIES

4. TIMED WALK NOTES:

Chair Stands

Now 1	I am going to asl	k you to stand	up from a cha	air without	using your	arms. Fi	rst, let me o	demonstrate	this measure.
After	I demonstrate th	e measure, pl	ease tell me if	you canno	ot do this mo	ovement	or if you fe	el it would b	e unsafe to
try.									

CONTINUE
R CANNOT PARTICIPATE (IN WHEELCHAIR, CAN'T STAND UNASSISTED) (SKIP TO Q3)
REFUSED (SKIP TO Q3)

1. SINGLE CHAIR STAND

- DEMONSTRATE CHAIR STAND WHILE PROVIDING INSTRUCTIONS
 - o SIT IN CHAIR WITH YOUR FEET ON THE FLOOR. SIT SO THAT YOU CAN PLACE THE WIDTH OF YOUR HANDS BETWEEN THE CHAIR AND YOUR KNEES.
 - o FOLD YOUR ARMS ACROSS YOUR CHEST
 - o STAND UP, KEEPING YOUR ARMS FOLDED ACROSS YOUR CHEST

When I say 'Begin' you may stand up straight from the chair.

•	IF R CANNOT	RISE WITHOUT	USING ARMS, ASK R	TO TRY TO STAND U	JP USING ARMS

R STOOD WITHOUT USING ARMS	
R USED ARMS TO STAND	(SKIP TO CHAIR_NOTES)
EQUIPMENT PROBLEM	(SKIP TO CHAIR_NOTES)
TRIED, UNABLE TO DO	(SKIP TO CHAIR_NOTES)
R COULD NOT STAND UNASSISTED	(SKIP TO CHAIR_NOTES)
NOT ATTEMPTED, FI FELT IT WAS UNSAFE	(SKIP TO CHAIR_NOTES)
NOT ATTEMPTED, R FELT UNSAFE	(SKIP TO CHAIR_NOTES)
R UNABLE TO UNDERSTAND INSTRUCTIONS	(SKIP TO CHAIR_NOTES)
OTHER (SPECIFY):	(SKIP TO CHAIR_NOTES)

2. REPEATED CHAIR STAND

Now I'm going to ask you to stand up and sit down as quickly as you can five times, keeping your arms folded across your chest. I'm going to demonstrate one for you.

DEMONSTRATE 1 CHAIR STAND WHILE PROVIDING INSTRUCTIONS

- SIT IN CHAIR WITH YOUR FEET ON THE FLOOR
- FOLD YOUR ARMS ACROSS YOUR CHEST
- STAND UP AND SIT DOWN ONCE
- TELL R TO REPEAT THAT 4 MORE TIMES

When I say "Begin" you may stand up.

- PUSH 'START/STOP' ON STOPWATCH AND SAY 'Begin'
- COUNT OUT LOUD AS RESPONDENT ARISES EACH TIME
- STOP THE EXERCISE EARLY IF R CANNOT RISE WITHOUT USING ARMS, R IS TOO TIRED TO CONTINUE, OR R IS UNABLE TO COMPLETE AFTER 1 MINUTE

TIME TO COMPLETE FIVE STANDS (SPECIFY SECONDS):	
EQUIPMENT PROBLEM	

TRIED, UNABLE TO DO
R COULD NOT STAND UNASSISTED
NOT ATTEMPTED, FI FELT IT WAS UNSAFE
NOT ATTEMPTED, R FELT UNSAFE
R UNABLE TO UNDERSTAND INSTRUCTIONS
OTHER (SPECIFY):

3. CHAIR STAND NOTES:

SALIVA IS FOR NEW COHORT RESPONDENTS ONLY

IF R IS NEW COHORT:

WEAR NITRILE GLOVES

Now	we are	going	to coll	ect a sa	ample o	of your	saliva.

- □ CONTINUE
- ☐ REFUSED (SKIP TO DRUG INTRO1)
- R 'SAVE' OR 'POOL' A SMALL AMOUNT OF SALIVA IN MOUTH
- R SHOULD NOT STRAIN SELF OR COUGH WHEN GENERATING SALIVA (NO PHLEGM OR MUCOUS)
- R USE SALIVA COLLECTION AID TO GET SALIVA IN TUBE
- R CANNOT EAT ANYTHING TO STIMULATE SALIVA
- TO STIMULATE SALIVA, R CAN IMAGINE EATING SOMETHING SOUR OR DELICIOUS, , RUB HIS/HER TONGUE AGAINST INSIDE CHEEK/BELOW BOTTOM LIP, OR WHILE LOOKING DOWN, MASSAGE NECK JUST BELOW THE EARLOBE, JUST BELOW THE JAW. FILL UP TUBE AS MUCH AS POSSIBLE WITH CLEAR LIQUID SALIVA (NOT FOAM, BUBBLES, PHELGM, OR MUCOUS)

ALL RESPONDENTS: MEDICATION LOG

1. (While you fill the saliva tube, I can give you some privacy by working on a record of your medications). I'd like to record all medications that you take on a regular schedule, like every day or every week. This will include prescription and non-prescription medications, over-the-counter medicines, vitamins, and herbal and alternative medicines. Do I have all of your medications here?

IF R IS RETURNING RESPONDENT AND NOT ELIGIBLE FOR SMELL: Please hold this hand warmer in your non-dominant hand for an upcoming measure.

- HAVE R HOLD HAND WARMER IN NON-DOMINANT HAND
- (PROMPT: Items not taken by mouth such as injections, inhalers, sprays, creams, patches, suppositories, and eye or ear drops **should be** included.)

ASK RESPONDENT TO OBTAIN ALL OF HIS/HER MEDICATIONS, IF NOT ALREADY PROVIDED

• IT IS VERY IMPORTANT TO HAVE THE ACTUAL BOTTLES/ CONTAINERS/ PACKAGES

ONLY ENTER MEDICATION NAME. DO NOT ENTER DETAILS SUCH AS DOSAGE, FREQUENCY, ETC.

IF IN BIOMEASURE SUBPATH 2 OR 4 AND SLV_INTRO = REFUSED, DISPLAY: "Could you please hold this hand warmer in your non-dominant hand for an upcoming measure?"

_	DATED	MEDICATION	TC
	HINIER	MIRITH ATTU	u .

□ RESPONDENT DOES NOT HAVE ANY MEDICATIONS (IF R IS NEW COHORT RESPONDENT, SKIP TO SLVVIAL1 INSTRUCTION; IF R IS RETURNING RESPONDENT AND ELIGIBLE FOR SMELL: SKIP TO SML_INTRO; IF R IS RETURNING RESPONDENT AND NOT ELIGIBLE FOR SMELL: SKIP TO BS_INTRO)

RETURNING RESPONDENT AND NOT ELIGIBLE FOR SMELL: SKIP TO BS_INT
ENTER NAME DRUG 1: Screen variable: Entry variable:
ENTER NAME DRUG 2: Variables for screen and entry as above.
ENTER NAME DRUG 3:
ENTER NAME DRUG 4:
ENTER NAME DRUG 5:
ENTER NAME DRUG 6:
ENTER NAME DRUG 7:
ENTER NAME DRUG 8:
ENTER NAME DRUG 9:
ENTER NAME DRUG 10:
ENTER NAME DRUG 11:
ENTER NAME DRUG 12:
ENTER NAME DRUG 13:
ENTER NAME DRUG 14:
ENTER NAME DRUG 15:
ENTER NAME DRUG 16:
ENTER NAME DRUG 17:
ENTER NAME DRUG 18:
ENTER NAME DRUG 19:
ENTER NAME DRUG 20:
ENTER NAME DRUG 21:
ENTER NAME DRUG 22:
ENTER NAME DRUG 23:
ENTER NAME DRUG 24:
ENTER NAME DRUG 25:
F SLV_INTRO=REFUSED, SKIP TO SLV_NOTES)
F R IS NEW COHORT: Please hold this hand warmer in your non-dominant hand for an upcomi
HAVE R HOLD HAND WARMER IN NON-DOMINANT HAND
. I will package the sample.
FIRMLY PRESS CAP INTO TOP OF TUBE FILL OUT SALIVA SHIPPING FORM PUT TUBE IN INSULATED BAG
ALIVA TUBE
COMPLETE SAMPLE (TUBE HAS 1.5 OR MORE) PARTIAL SAMPLE (TUBE HAS LESS THAN 1.5) EQUIPMENT PROBLEM (SKIP TO SLV_NOTES) TRIED, UNABLE TO DO (SKIP TO SLV_NOTES)
ENTER SALIVA ID
1

□ REFUSED (IF R IS NEW COHORT RESPONDENT, SKIP TO SLVVIAL1 INSTRUCTION; IF R IS RETURNING RESPONDENT AND ELIGIBLE FOR SMELL: SKIP TO SML_INTRO; IF R IS

4. SALIVA NOTES:

a	1
S m	ΔI

FOR REFERENT RESPONDENTS ONLY, BIOMEASURE SUBSTUDY

IF R ELIGIBLE FOR SMELL: Please hold this hand warmer in your non-dominant hand for an upcoming measure.

• HAVE R HOLD HAND WARMER IN NON-DOMINANT HAND

No	Now we are going to use pens to identify odors.		
_	CONTINUE REFUSED (SKIP TO Q13)		
1.	PRACTICE PEN FOR RED PENS (BLUE PEN #1)		

First, I am going to give you a pen to smell. This pen has the odor we want you to identify. I will place the pen near your nose like this (DEMONSTRATE ON YOURSELF) and ask you to breathe in slowly through your nose. Are you ready to try?

- PUT ON ONE COTTON GLOVE
- HAVE R HOLD HEAD STILL
- WAVE PEN UNDER R'S NOSE FROM SIDE TO SIDE AND HAVE R BREATHE IN SLOWLY
- RECAP PEN IMMEDIATELY

Did you smell the odor?

☐ YES
☐ NO
☐ DON'T KNOW
☐ REFUSED

2. RED PEN #1, RED PEN #2, AND RED PEN #3

Let's continue. I will offer you three pens to smell, one after the other. One of the three pens has the odor you already smelled and the other two do not. I will ask you to tell me which pen has the odor.

Some of the pens are strong and some of the pens are weak, so do not be discouraged if you cannot smell the odor in some of the pens because this is part of the measure. Just try your best to decide which pen has the odor.

- MAKE SURE 30 SECONDS HAS PASSED SINCE THE PRACTICE PEN
- PRESENT RED PEN #1 AND SAY: Number 1
- RECAP PEN
- PRESENT RED PEN #2 AND SAY: Number 2
- RECAP PEN
- PRESENT RED PEN #3 AND SAY: Number 3
- RECAP PEN

Wh	ich pen has the odor?
	ONE
	TWO
	THREE
	NONE OF THE PENS HAVE THE ODOR (IF VOLUNTEERED)
	DON'T KNOW
	REFUSED

3. RED PEN #4, RED PEN #5, AND RED PEN #6

 RECAP PEN PRESENT RED PEN #5 AND SAY: Number 2 RECAP PEN PRESENT RED PEN #6 AND SAY: Number 3 RECAP PEN
Which pen has the odor? ☐ ONE ☐ TWO ☐ THREE ☐ NONE OF THE PENS HAVE THE ODOR (IF VOLUNTEERED) ☐ DON'T KNOW ☐ REFUSED
4. RED PEN #7, RED PEN #8, AND RED PEN #9
 MAKE SURE 20 SECONDS HAS PASSED SINCE THE LAST SERIES PRESENT RED PEN #7 AND SAY: Number 1 RECAP PEN
 PRESENT RED PEN #8 AND SAY: Number 2 RECAP PEN
 PRESENT RED PEN #9 AND SAY: Number 3 RECAP PEN
Which pen has the odor? ☐ ONE ☐ TWO ☐ THREE ☐ NONE OF THE PENS HAVE THE ODOR (IF VOLUNTEERED) ☐ DON'T KNOW ☐ REFUSED
5. RED PEN #10, RED PEN #11, AND RED PEN #12
 MAKE SURE 20 SECONDS HAS PASSED SINCE THE LAST SERIES PRESENT RED PEN #10 AND SAY: Number 1 RECAP PEN PRESENT RED PEN #11 AND SAY: Number 2 RECAP PEN PRESENT RED PEN #12 AND SAY: Number 3 RECAP PEN
Which pen has the odor? ☐ ONE ☐ TWO ☐ THREE ☐ NONE OF THE PENS HAVE THE ODOR (IF VOLUNTEERED) ☐ DON'T KNOW ☐ REFUSED
6. RED PEN #13, RED PEN #14, AND RED PEN #15

MAKE SURE 20 SECONDS HAS PASSED SINCE THE LAST SERIES

PRESENT RED PEN #4 AND SAY: Number 1

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•	PRESENT RED PEN #14 AND SAY: Number 2 RECAP PEN PRESENT RED PEN #15 AND SAY: Number 3 RECAP PEN
	one TWO THREE NONE OF THE PENS HAVE THE ODOR (IF VOLUNTEERED) DON'T KNOW REFUSED
7.	RED PEN #16, RED PEN #17, AND RED PEN #18
•	MAKE SURE 20 SECONDS HAS PASSED SINCE THE LAST SERIES PRESENT RED PEN #16 AND SAY: Number 1 RECAP PEN PRESENT RED PEN #17 AND SAY: Number 2 RECAP PEN PRESENT RED PEN #18 AND SAY: Number 3 RECAP PEN
	one TWO THREE NONE OF THE PENS HAVE THE ODOR (IF VOLUNTEERED) DON'T KNOW REFUSED
8.]	BLACK PEN #1
	ave five (last) pens that contain a smell of something familiar. For each pen, identify the smell using the four wer choices on this card (HAND CARD X).
•	PRESENT BLACK PEN #1
Is it	t
	Chamomile Raspberry Rose Cherry DON'T KNOW REFUSED
9.]	BLACK PEN #2
•	HAND CARD X PRESENT BLACK PEN #2

MAKE SURE 20 SECONDS HAS PASSED SINCE THE LAST SERIES

PRESENT RED PEN #13 AND SAY: Number 1

RECAP PEN

Is i	Is it		
	Smoke Glue Leather Grass DON'T KNOW REFUSED		
10.	BLACK PEN #3		
•	HAND CARD X PRESENT BLACK PEN #3		
Is i	t		
	Orange Blueberry Strawberry Onion DON'T KNOW REFUSED		
11.	BLACK PEN #4		
•	HAND CARD X PRESENT BLACK PEN #4		
Is i	Is it		
	Bread Fish Cheese Ham DON'T KNOW REFUSED		
12.	BLACK PEN #5		
•	HAND CARD X PRESENT BLACK PEN #5		
Is it			
	Chive Peppermint Pine Onion DON'T KNOW REFUSED		
13.	SMELL NOTES:		

•	DOUBLE-CHECK THAT RESPONDENT IS HOLDING HAND WARMER IN NON-DOMINANT
	HAND

• WEAR NITRILE GLOVES

Now I'm going to collect a small sample of blood using a device called a lancet to quickly prick your finger. This device is commonly used by children and adults to check their blood sugar at home and feels like a small pin prick. It is sterile and made for one-time use.

CONTINUE	
REFUSED (SKIP TO BS_	NOTES)

- USE MIDDLE FINGER ON NON-DOMINANT HAND. IF NOT AVAILABLE, USE MIDDLE FINGER ON DOMINANT HAND.
- ANGLE R'S HAND BELOW THEIR LAP
- WIPE FINGER WITH ALCOHOL SWAB AND LET AIR DRY
- GENTLY KNEAD AND SQUEEZE FROM THE PALM TO THE FINGERTIP. DO NOT TOUCH FINGERTIP AFTER YOU HAVE WIPED IT WITH THE ALCOHOL SWAB
- SQUEEZE FINGER ABOVE PRICK SITE
- FIRMLY PRICK FINGER IN THE SIDE OF FLESHY PART OF THE PAD PRICK THE SIDE CLOSER TO PINKY
- IMMEDIATELY DISPOSE LANCET IN SHARPS CONTAINER
- DROP FIRST DROP OF BLOOD BELOW THE FILTER PAPER CIRCLES, FULLY OUTSIDE OF CIRCLES
- COLLECT 5 ADDITIONAL BLOOD SPOTS IN THE CIRCLES ON FILTER PAPER CARD.

1.	BLOOD FILTER PAPER
2. □	ENTER BLOOD FILTER PAPER ID
3. -	RECORD THE NUMBER OF FINGER PRICKS: ONE TWO THREE

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4. BLOOD SPOT NOTES:

VII. SEX AND PARTNERSHIP

Partner History (Marital, Cohab, Sexual)		
See flowchart.		
(NOTE: Only change = questions added after death of spouse confirmed from W2.)		
Sexual Interest and Motivation		
**OPTION C. IF HAVE NAME, BUT CANNOT FIGURE OUT FROM THE BOXES WHICH PERSON IS THE MOST RECENT SEXUAL PARTNER:		
You mentioned you had recent sexual activity with [NAME] and [NAME]. Which person is your most recent sexual partner?		
Now we would like to ask you some more questions.		
1. About how often do you think about sex? ☐ Less than once a month ☐ One to a few times a month ☐ One to a few times a week ☐ Every day ☐ Several times a day ☐ IF RESPONDENT STATES: NEVER		
Current (or most recent) partnership		
*** <u>NOTE</u> : 3 POSSIBLE INTRODUCTIONS: OPTION A, B, OR C (WITH SUBSECTIONS) ***		
**OPTION B. IF WE HAVE NOT ALREADY GOTTEN THIS PERSON'S NAME: Now we'd like to ask you some questions about your relationship with your most recent sexual partner. Since we will be asking some questions about this partner, please tell me the first name or some other way to refer to this person: NAME		
Assessment and satisfaction with current relationship		
ASK THIS SECTION OF IF RESPONDENT HAS CURRENT PARTNER. IF R DOES NOT HAVE A CURRENT PARTNER, ASK SECTION IN REGARDS TO MOST RECENT PARTNER. A RECENT PARTNER IS DEFINED AS A PARTNERSHIP THAT OCCURRED IN THE PAST 5 YEARS.		
**OPTION A. IF WE HAVE A NAME AND DATE OF MOST RECENT SEXUAL PARTNER: Now we'd like to ask you some questions about your relationship with (NAME OF MOST RECENT SEXUAL PARTNER).		
1. How physically pleasurable did/do you find your relationship with [CURRENT/RECENT PARTNER] to be: extremely pleasurable, very pleasurable, moderately pleasurable, slightly pleasurable, or not at all pleasurable? (HAND CARD U) □ Extremely □ Very □ Moderately		

	Slightly Not at all		
	□ Very□ Moderately□ Slightly		
Bel	Behavior with partner		
The next set of questions is about your sexual relationship with [PARTNER] in the last 12 months. You may refuse to answer any question, but as an interviewer for this survey I am required to ask all the questions.			
1. During the last 12 months (IF NOT CURRENT PARTNER: During your relationship), about how often did you have sex with [CURRENT/RECENT PARTNER]? Was it (HAND CARD V)			
	Once a day or more		
	3-6 times a week		
	Once or twice a week		
	2 to 3 times a month		
	Once a month or less		
	None at all		

Sexual Behavior and Function (regardless of partnership)

4E. did not find sex pleasurable even if it was not painful?

FOR NEW COHORT ONLY 1. In your entire life so far, about how many men have you had sex with, even if only one time? ■ DON'T KNOW □ REFUSED 2. In your entire life so far, about how many women have you had sex with, even if only one time? ☐ DON'T KNOW □ REFUSED FOR REFERENT AND NEW COHORT RESONDENTS **USE HAND CARD V2** 3. Masturbation is a very common practice. By masturbation, we mean stimulating your genitals or sex organs for sexual pleasure, **not** with a sexual partner. On average, in the past 12 months, how often did you masturbate? (Please select one answer only.) ☐ More than once a day ☐ Every day ☐ Several times a week ☐ Once a week □ 2-3 times a month ☐ Once a month ☐ Every other month □ 3-5 times a year □ 1-2 times a year ☐ Not at all this year ☐ DON'T KNOW □ REFUSED 4. Sometimes people go through periods in which they are not interested in sex or are having trouble with sexual gratification. During the last 12 months has there ever been a period of several months or more when you...(READ A-H BELOW). 4A. lacked interest in having sex? ☐ Yes □ No 4B. were unable to climax, that is, experience an orgasm? ☐ Yes ☐ No 4C. came to a climax, that is, experienced orgasm too quickly? ☐ Yes □ No 4D. experienced physical pain during intercourse? ☐ Yes □ No

	Yes No
	felt anxious just before having sex about your ability to perform sexually? Yes No
4G □	PR MALE RESPONDENTS (REFERENT AND NEW COHORT) had trouble getting or maintaining an erection? Yes No
FO	OR FEMALE RESPONDENTS ONLY (REFERENT AND NEW COHORT)
(IF the	had trouble lubricating? RESPONDENT DOES NOT KNOW THE MEANING OF LUBRICATING, USE THE FOLLOWING PROMPT: Wher vagina felt dry during sexual activity or, in other words, it did not become smooth or wet during sexual activity.) Yes No
5.	IF RESPONDENT HAD ANY PROBLEMS: How much did this/these problems bother you?
RE	ROMPT IF NEEDED: SPONDENT SAID HE/SHE: .lacked interest in having sexwas unable to climax – experience an orgasmcame to a climax – experienced orgasm – too quicklyexperienced physical pain during intercoursedid not find sex pleasurable even if it was not painfulfelt anxious just before sex about your ability to perform sexuallyhad trouble getting or maintaining an erectionhad trouble lubricating.)
	Extremely Very Moderately Slightly Not at all
6. I	IP IF R DID NOT HAVE ANY PROBLEMS During the past 12 months, have you ever avoided sex because of the problem(s) you mentioned? Yes No
	IP IF R DID NOT HAVE ANY PROBLEMS Have you ever talked with [CURRENT PARTNER] about the problem(s) you mentioned? Yes No

VIII. FERTILITY AND MENOPAUSE

FOR REFERENT RESPONDENTS ONLY

ASK ONLY OF FEMALE RETURNING RESPONDENTS WHO WERE STILL MENSTRUATING AT W2

Now I'm going to ask you about your reproductive history. 1. When did your last menstrual period begin? That is, when was the first day of your last menstrual period?		
	Within the past week About 2 weeks ago About 3 weeks ago About a month Two months or more No longer menstruating (OR GONE THROUGH "THE CHANGE"/ MENOPAUSE)	
AS	K IF "NO LONGER MENSTRUATING" TO Q1	
	ANSWERED IS STILL MENSTRUATING / HAVING PERIODS (SKIP TO HAPPY) DON'T KNOW (SKIP TO HAPPY)	
AGE AT LAST MENSTRUAL PERIOD:		
	DON'T KNOW REFUSED	
FO	R ALL FEMALE NEW COHORT RESPONDENTS	
No	w I'm going to ask you about your reproductive history.	
3. V	When did your last menstrual period begin? That is, when was the first day of your last menstrual period?	
	Within the past week About 2 weeks ago About 3 weeks ago About a month Two months or more No longer menstruating (OR GONE THROUGH "THE CHANGE"/ MENOPAUSE)	
ASK IF "NO LONGER MENSTRUATING" TO Q3		
	ANSWERED IS STILL MENSTRUATING / HAVING PERIODS (SKIP TO HAPPY) DON'T KNOW (SKIP TO HAPPY)	
AGE AT LAST MENSTRUAL PERIOD: □		
	DON'T KNOW REFUSED	

IX. MENTAL HEALTH

☐ Most of the time

FOR BOTH REFERENT AND NEW COHORT RESPONDENTS

Ha	Happiness	
US	E HAND CARD W	
	w we will turn to thoughts and feelings you may have about your life or yourself. By asking about your thoughts and lings in addition to your physical health, we can paint a more complete picture of your life.	
1.	If you were to consider your life in general these days, how happy or unhappy would you say you are, on the whole Extremely happy Very happy Pretty happy Unhappy sometimes Unhappy usually	
De	pression	
hov tim	w let's talk about thoughts and feelings you may have had during the past week. I will read a series of statements. Tell me w often during the past week you felt like this; rarely or none of the time, some of the time, occasionally, or most of the e? Don't take too long over your replies; your immediate reaction to each item will probably be more accurate than a long ught out response.	
Du	ring the past week	
	USE HAND CARD X Id not feel like eating; my appetite was poor Rarely or none of the time Some of the time Occasionally Most of the time	
	USE HAND CARD X elt depressed Rarely or none of the time Some of the time Occasionally Most of the time	
	USE HAND CARD X elt that everything I did was an effort Rarely or none of the time Some of the time Occasionally Most of the time	
	USE HAND CARD X v sleep was restless Rarely or none of the time Some of the time Occasionally	

I wa	As happy Rarely or none of the time Some of the time Occasionally Most of the time
I fel	USE HAND CARD X It lonely Rarely or none of the time Some of the time Occasionally Most of the time
8. U Peo 	USE HAND CARD X ple were unfriendly Rarely or none of the time Some of the time Occasionally Most of the time
I en	JSE HAND CARD X joyed life Rarely or none of the time Some of the time Occasionally Most of the time
I fel	USE HAND CARD X It sad Rarely or none of the time Some of the time Occasionally Most of the time
	USE HAND CARD X It that people disliked me Rarely or none of the time Some of the time Occasionally Most of the time
12. I co	USE HAND CARD X uld not get "going" Rarely or none of the time Some of the time Occasionally Most of the time

IX. EMPLOYMENT AND FINANCES

We are interested in the financial circumstances that might affect the health of Americans, so I'd like to ask you some questions about your employment and your finances.

Employment		
 Are you CHOOSE ALL THAT APPLY. IF NONE OF THESE APPLIES, SELECT OTHER. (HAND CARD Y) Currently working? Retired? Disabled and unable to work? Unemployed or laid off and looking for work? A homemaker? OTHER (SPECIFY):		
2. ASK ONLY IF RESPONDENT IS NOT CURRENTLY WORKING AND IS NOT RETIRED: Have you ever worked pay? ☐ YES ☐ NO ☐ DON'T KNOW ☐ REFUSED	l fo	
3. ASK ONLY IF RESPONDENT ANSWERED 'OTHER' TO QUESTION 1: Are you working for pay, either full-time part-time, at the present time? ☐ YES ☐ NO ☐ DON'T KNOW ☐ REFUSED	or	
4. ASK ONLY IF RESPONDENT IS CURRENTLY WORKING: For what kind of business or industry are you currently working? (VERBATIM RESPONSE)	ly	
5. ASK ONLY IF RESPONDENT IS CURRENTLY WORKING: What kind of work are you doing? For example, electrical engineer, waiter, stock clerk, farmer. (VERBATIM RESPONSE)		
6. ASK ONLY IF: RESPONDENT IS <u>NOT</u> CURRENTLY WORKING BUT HAS EVER WORKED FOR PAY, OR IS <u>RETIRED</u> : For what kind of business or industry did you work? (VERBATIM RESPONSE)		
7. ASK ONLY IF: RESPONDENT IS <u>NOT</u> CURRENTLY WORKING BUT HAS EVER WORKED FOR PAY, OR IS <u>RETIRED</u> : What kind of work did you do? For example, electrical engineer, waiter, stock clerk, farmer. (VERBATIM RESPONSE)		
FOR BOTH REFERENT AND NEW COHORT RESPONDENTS I am next going to ask a few questions about work-related activities in the last week. By last week, I mean the week beginning on Sunday, [DATE], and ending on Saturday, [DATE].		
8. Last week, did you do any work for pay? ☐ YES (GO TO Q9) ☐ NO (SKIP TO HEARN) ☐ DON'T KNOW (SKIP TO HEARN) ☐ REFUSED (SKIP TO HEARN)		
ASK IF 'YES' TO Q8 9. How many hours per week do you usually work on this job?		
□ HOURS PER WEEK		

Income		
1. Now, I'd like to ask you about the income of your household. Altogether, what would you say was approximately the income of your household in [CURRENT YEAR MINUS 1] before taxes or deductions?		
(PROMPT IF RESPONDENT ASKS FOR DEFINITION OF HOUSEHOLD: Household means people living together under one roof, including dependents like young children, elderly parents, adult children who have returned. It does not include platonic roommates.)		
(NOTE FOR INTERVIEWER: R should include earnings, government benefits like Social Security, Veterans benefits and SSI, and payments from pension plans of all members of the household. R should NOT include any interest payments from savings, payments from IRAs, dividends from stocks, bonds, or mutual funds, or any monetary gifts.)		
2. ASK IF "DON'T KNOW/REFUSED" TO Q1: Would you say the income of your household in (CURRENT YEAR MINUS 1) was more than \$50,000 or less than \$50,000? ☐ More than \$50,000 (GO TO Q4) ☐ About \$50,000 (GO TO HSASSETS) ☐ Less than \$50,000 (GO TO Q3) ☐ DON'T KNOW (GO TO HSASSETS) ☐ REFUSED (GO TO HSASSETS)		
ASK IF "LESS THAN \$50,000" TO Q2 3. Would you say the income of your household in (CURRENT YEAR MINUS 1) was more than \$25,000 or less than \$25,000? More than \$25,000 (GO TO HSASSETS) About \$25,000 (GO TO HSASSETS) Less than \$25,000 (GO TO HSASSETS) DON'T KNOW (GO TO HSASSETS) REFUSED (GO TO HSASSETS)		

ASK IF "MORE THAN \$50,000" TO Q2

4. Would you say the income of your household in (CURRENT YEAR MINUS 1) was more than \$100,000 or less than \$100,000?

☐ More than \$100,000

☐ About \$100,000

☐ Less than \$100,000

☐ DON'T KNOW

□ REFUSED

Household Assets

□ REFUSED

cars, other rental properties and businesses you own, and financial assets like savings accounts, stocks, bonds, mutual funds, and pensions. Altogether, how much would you say that amounted to, approximately, after accounting for the loans you might have to pay off? (IF RESPONDENT ASKS IF THIS REFERS TO NET WORTH, CONFIRM THAT IT DOES.) ASK IF "DON'T KNOW" OR "REFUSED" TO Q1. 2. Would you say that all of your assets combined amount to more or less than \$50,000? ☐ More than \$50,000 (GO TO Q4) ☐ About \$50,000 (GO TO ADDRESS PAGE) ☐ Less than \$50,000 (GO TO Q3) ☐ DON'T KNOW (GO TO ADDRESS PAGE) REFUSED (GO TO ADDRESS_PAGE) ASK IF "LESS THAN \$50.000" TO O2 3. Would you say that all of your assets combined amount to more or less than \$10,000? ☐ More than \$10,000 (GO TO ADDRESS_PAGE) About \$10,000 (GO TO ADDRESS PAGE) ☐ Less than \$10,000 (GO TO ADDRESS_PAGE) □ DON'T KNOW (GO TO ADDRESS_PAGE) ☐ REFUSED (GO TO ADDRESS_PAGE) ASK IF "MORE THAN \$50,000" TO Q2. 4. Would you say that all of your assets combined amount to more or less than \$500,000? ☐ More than \$500,000 (GO TO ADDRESS PAGE) ☐ About \$500,000 (GO TO ADDRESS PAGE) ☐ Less than \$500,000 (GO TO Q5) □ DON'T KNOW (GO TO **ADDRESS PAGE**) ☐ REFUSED (GO TO ADDRESS_PAGE) ASK IF "LESS THAN \$500,000" TO Q4 5. Would you say that all of your assets combined amount to more or less than \$100,000? ☐ More than \$100.000 ☐ About \$100,000 ☐ Less than \$100,000 ■ DON'T KNOW

1. Now I'd like you to think about all of the assets of your household. These are things like your house if you own it, your

XI. DEBRIEFING

Because people move from time to time, please give us the name, address and telephone number of a person who will always know where you can be reached even if you should move or change your phone number.

	What is this person's FIRST & LAST NAME: STREET ADDRESS: CITY, STATE & ZIP: PHONE NUMBER:
2. U	K ONLY IF RESPONDENT PROVIDED A PHONE NUMBER AT ADDRESS_PAGE Under what name is this phone number listed? NAME: DON'T KNOW REFUSED
PR	We would like to confirm your home address. Is your home address [INSERT RESPONDENT ADDRESS FROM ELOAD HERE]? YES (SKIP TO Q5) NO DON'T KNOW REFUSED
	F NO, DON'T KNOW, OR REFUSED TO Q3: Please tell us your correct home address. STREET ADDRESS: CITY: STATE: ZIPCODE:
as [F PHONE NUMBERS AVAILABLE: We would like to confirm your phone number(s). We have your phone number(s) [INSERT RESPONDENT PHONE NUMBERS FROM PRELOAD HERE]. Is that correct? YES (SKIP TO Q7) NO DON'T KNOW REFUSED
EN	F NO, DON'T KNOW, OR REFUSED TO Q5: Please tell us your correct phone numbers. TER PHONE NUMBERS AS ###-###### PHONE NUMBER 1 PHONE NUMBER 2 PHONE NUMBER 3
7. A	K IF FEWER THAN 3 PHONE NUMBERS LISTED IN PRELOAD Are there any other phone numbers we can reach you at? YES (GO TO Q8) NO (SKIP TO Q9) DON'T KNOW REFUSED
8. I EN •	K IF "YES" TO Q7, OR IF NO PHONE NUMBERS IN THE RESPONDENT'S PRELOADS Please tell us up to three telephone numbers we can reach you at in the future, if necessary. TER US PHONE NUMBERS AS ###-#### PHONE NUMBER 1 PHONE NUMBER 2 PHONE NUMBER 3

RE	FEMAIL ADDRESS AVAILABLE: We would like to confirm your email address. Is your email address [INSERT SPONDENT EMAIL ADDRESS FROM PRELOAD HERE]? YES (SKIP TO CENSUS_PARENTS)
	NO (GO TO CORRECTEMAIL)
	DON'T KNOW (GO TO CORRECTEMALL)
Ч	REFUSED (GO TO CORRECTEMAIL)
	IF NO, DON'T KNOW, OR REFUSED TO Q9: Please tell us your correct email address. EMAIL ADDRESS: (SKIP TO CENSUS_PARENTS) IF VOLUNTEERED - DOES NOT HAVE E-MAIL ADDRESS DON'T KNOW REFUSED
	We would also like to keep in touch with you through email, if necessary. Please give us your email address if you rently have one.
MC	OST E-MAIL ADDRESSES TAKE THE FORM johndoe@email.com
	EMAIL IF VOLUNTEERED - DOES NOT HAVE E-MAIL ADDRESS DON'T KNOW REFUSED
FC	OR REFERENT RESPONDENTS ONLY
wh 12.	ROGRAMMING NOTE: Even though the question references 1940, this question is asked of all RRs, regardless of ether they were born by 1940 or not.) Understanding how people grew up helps us understand healthy aging. So as to not take more of your time, we can link study results to the data publicly available in the 1940 census.
	n you tell us the first names of your parents?
	Father's first name:
	DON'T KNOW REFUSED
	Mother's first name:
	DON'T KNOW
Ч	REFUSED
AS	K ONLY OF FEMALE REFERENT RESPONDENTS
	Can you tell us your last name when you were born? Name at birth:
	IF VOLUNTEERED: Same as current name DON'T KNOW REFUSED
гU	OR BOTH REFERENT AND NEW COHORT RESPONDENTS
DI 1	FASE GIVE RESPONDENT FOLLOW-UP OLIESTIONNAIRE (LOR 2) AND APPROPRIATE ENVELOPE

WRITE SU_ID, FI NAME, AND INTERVIEW DATE WHERE INDICATED ON FRONT COVER. IF IT IS OKAY WITH THE RESPONDENT, WRITE THE RESPONDENT'S INITIALS ON THE LEAVE-BEHIND QUESTIONNAIRE.

Our survey also requires that you fill out this questionnaire, seal it in this postage-paid envelope, and drop it in the mail.

XII. ACCELEROMETRY (LEAVE BEHIND BIOMEASURE)

In addition, we're asking you to wear and return a small watch-like device called an accelerometer that will record detailed information about your arm movements for a four-day period which we will use to understand your physical activity and sleep patterns. The data you provide will permit us to study how sleep and daytime physical activity affect our health as we get older.

- 1. We have the device here for you to put on. I would like to walk through the instructions with you and then you can ask me questions.
- VERBALLY EXPLAIN INSTRUCTIONS USING THE ACTIVITY AND SLEEP INSTRUCTION SHEET
 - WEAR THE DEVICE CONTINUOUSLY FOR 4 FULL DAYS (96 HOURS TOTAL). THE DEVICE IS WATERPROOF AND CAN BE WORN WHILE SHOWERING, BATHING OR WASHING DISHES.
 - o IF YOU GO SWIMMING, WE ASK THAT YOU REMOVE THE DEVICE AND PUT IT BACK ON IMMEDIATELY AFTER YOU GET OUT OF THE WATER.
 - SECURELY STRAP THE DEVICE TO YOUR NON-DOMINANT WRIST (THE HAND YOU DO NOT WRITE WITH).
 - TAKE OFF THE DEVICE ON DAY 5 AT THE TIME INDICATED ON THE ACTIVITY AND SLEEP INSTRUCTIONS SHEET, AND MAIL IT BACK USING THE PRE-PAID MAILING BOX.

_	CONTINUE REFUSED (SKIP TO ACT_NOTES)
2.	ENTER THE DEVICE SERIAL NUMBER:
3.	CLICK THIS BUTTON: "START ACCELEROMETER"
4.	DISCONNECT THE DEVICE FROM THE LAPTOP.
	TH THE DEVICE'S CAP OPEN, MAKE SURE THE LIGHT(S) INSIDE THE DEVICE HAVE STARTED BLINKING. MAY TAKE A FEW SECONDS BEFORE THEY START BLINKING.)
	DEVICE READY: LIGHTS ARE BLINKING (SKIP TO ACT_WEAR) PROBLEM WITH DEVICE: LIGHTS NOT BLINKING (GO TO ACT_RETRY)
•	RECONNECT THE SAME DEVICE TO THE LAPTOP. MAKE SURE THAT BOTH ENDS OF THE USB CABLE ARE FIRMLY CONNECTED. CLICK "START ACCELEROMETER" TO RETRY CONFIGURAGTION DISCONNECT DEVICE WHEN YOU UNPLUG THE DEVICE, IT MAY TAKE SEVERAL SECONDS BEFORE THE LIGHTS BEGIN BLINKING.
SEI	LECT ONE OF THE BELOW OPTIONS
	DEVICE READY: LIGHTS ARE BLINKING (GO TO ACT_WEAR) EQUIPMENT PROBLEM: LIGHTS NOT BLINKING (GO TO ACT_WEAR)
6.	CLOSE THE CAP OF THE DEVICE, MAKING SURE THAT IT CLICKS FIRMLY IN PLACE.
AT	TACH THE WRISTBAND TO THE DEVICE:

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THREAD APPROXIMATELY 1 INCH OF WRISTBAND THROUGH SLOT

WITH THE VELCRO SIDE FACING UP, THREAD THE WRISTBAND THROUGH ONE OF THE SLOTS ON THE

- FOLD WRISTBAND OVER AND FIRMLY PRESS THE VELCRO TOGETHER.
- REMEMBER, THE VELCRO SIDE SHOULD FACE UP. THE SMOOTH SIDE OF THE STRAP SHOULD FACE DOWN AND BE THE SURFACE THAT RESTS AGAINST THE RESPONDENT'S WRIST.

HELP THE RESPONDENT SECURELY STRAP THE WRISTBAND CONTAINING THE DEVICE TO HIS/HER NON-DOMINANT WRIST (THE HAND HE/SHE DOES NOT WRITE WITH).

- PLACE THE DEVICE ON TOP OF THE WRIST (LIKE A WATCH), WITH THE FLAT SIDE OF THE DEVICE AGAINST THE RESPONDENT'S ARM
- GUIDE WRISTBAND AROUND RESPONDENT'S WRIST.
- THREAD THE WRISTBAND THROUGH OTHER SLOT ON THE DEVICE, FOLD OVER AND PRESS FIRMLY TO SECURE THE VELCRO TOGETHER.
- IF THE ENDS OF THE STRAP OVERLAP PLEASE ADJUST THE STRAP OR EXCHANGE FOR A SHORTER LENGTH STRAP.
- 7. WRITE THE DAY OF THE WEEK, DATE AND TIME THAT THE RESPONDENT SHOULD REMOVE THE DEVICE ON THE ACTIVITY AND SLEEP

INSTRUCTIONS SHEET:

[TEXT FILL WITH TIME AND DATE 96 HOURS FROM THE CURRENT LAPTOP SYSTEM TIME] (e.g., Thursday, 10/12/2014 2:32:27 PM)

CL	OSING
9.	ACCELEROMETRY NOTES:
HA	AND THE RESPONDENT THE ACTIVITY AND SLEEP INSTRUCTIONS SHEET AND THE MAILING SUPPLIES
8.	ENTER THE USPS TRACKING NUMBER FROM THE LABEL ON THE PRE-PAID MAILING BOX:
(6.8	2., Thursday, 10/12/2014 2.52.27 FM)

Before I leave, I want to give you your results from the measures you provided today.

HIT 'NEXT' TO COMPLETE THE SURVEY.

XIII. INTERVIEWER COMMENTS

CHARACTERISTICS AND LOCATION OF THE INTERVIEW

FOR BOTH REFERENT AND NEW COHORT RESPONDENTS

INTERVIEWER: PLEASE COMPLETE THESE QUESTIONS AS SOON AS POSSIBLE AFTER YOU LEAVE THE INTERVIEW.

	Where did the interview take place? RESPONDENT'S HOME RESPONDENT'S FAMILY MEMBER'S HOME RESPONDENT'S FRIEND'S HOME RESPONDENT'S WORKPLACE
2. (Other persons were present:
	DURING NONE OF THE INTERVIEW (SKIP TO Q4)
	OCCASIONALLY PASSING THROUGH THE INTERVIEW AREA
	DURING 1/4 OF THE INTERVIEW
	DURING HALF OF THE INTERVIEW
	DURING 3/4 OF THE INTERVIEW
	FOR THE ENTIRE INTERVIEW
2 1	What other persons were present during the interview? CHOOSE ALL THAT ADDLY
	What other persons were present during the interview? CHOOSE ALL THAT APPLY. SPOUSE/PARTNER
	RESPONDENT'S CHILD/CHILDREN UNDER 12 YEARS OF AGE
	RESPONDENT'S CHILD/CHILDREN OVER 12 YEARS OF AGE
	OTHER RELATIVE(S)
	FRIEND
	CAREGIVER
	OTHER ADULT NON-RELATIVE
	OTHER CHILD NON-RELATIVE
	UNABLE TO DETERMINE RELATIONSHIP
1 T	Jour condidures the respondent?
	How candid was the respondent? PROBABLY NOT CANDID AT ALL
	SOMEWHAT CANDID SOMEWHAT CANDID
_	MOSTLY CANDID
	ENTIRELY CANDID DON'T KNOW

RESPONDENT'S FUNCTIONAL HEALTH AND BEHAVIOR DURING THE INTERVIEW

Please rate the respondent's functional health and behavior during the interview on the following scales:

	1	2	3	4	5		DK
1. Practically deaf						Normal hearing	
2. Practically blind						Normal vision	
3. Unable to read						Normal adult literacy	

DESCRIPTION OF THE RESPONDENT

Describe the respondent using the following scales:

	1	2	3	4	5		DK
1.Physically attractive						Not physically attractive	
2. Attractive personality						Not attractive personality	
3. Well-dressed						Poorly dressed	
4. Hygienic						Not hygienic	
5. Straight posture						Stooped/slouching	
6. Flat stomach						Pot belly	
7. Thin						Obese	
8. Spoke clearly						Did not speak clearly	

DESCRIPTION OF THE INTERVIEW LOCATION

Describe the room(s) in which the interview was conducted, using the following scales:

	1	2	3	4	5		DK
1. Clean						Dirty	
2. Neat and Tidy						Messy	
3. Quiet						Noisy	
4. Cramped						Spacious	
5. Very Cluttered						Not cluttered	
6. No smell						Strong smell	
7. Pleasant smell*						Unpleasant smell	

^{*}Skip if "IWLOC6" = 1

RESPONDENT'S HOME AND HIS/HER NEIGHBORHOOD ENVIRONMENT

(SKIP QUESTIONS 1-10 BELOW IF INTERVIEW WAS NOT CONDUCTED IN RESPONDENT'S HOME, i.e., ANYTHING OTHER THAN "RESPONDENT'S HOME" AT "IWPLACE")

1. 7	Type of structure in which respondent lives:
	TRAILER DETACHED SINGLE FAMILY HOUSE TWO-FAMILY HOUSE, TWO UNITS SIDE-BY-SIDE TWO-FAMILY HOUSE, TWO UNITS ONE ABOVE THE OTHER DETACHED 3-4 FAMILY HOUSE ROW HOUSE (3 OR MORE UNITS IN AN ATTACHED ROW) APARTMENT HOUSE (5 OR MORE UNITS, 3 STORIES OR LESS) APARTMENT HOUSE (5 OR MORE UNITS, 4 STORIES OR MORE) APARTMENT IN A PARTLY-COMMERCIAL STRUCTURE ASSISTED LIVING FACILITY OR GROUP HOME NURSING HOME OTHER (SPECIFY) DON'T KNOW
2. F	How well-kept is the building in which the respondent lives?
	VERY POORLY KEPT (NEEDS MAJOR REPAIRS) POORLY KEPT (NEEDS MINOR REPAIRS) FAIRLY WELL KEPT (NEEDS COSMETIC WORK) VERY WELL KEPT DON'T KNOW
3. I	How well kept are most of the buildings on the street (one block, both sides) where the respondent lives?
	VERY POORLY KEPT (NEEDS MAJOR REPAIRS) POORLY KEPT (NEEDS MINOR REPAIRS) FAIRLY WELL KEPT (NEEDS COSMETIC WORK) VERY WELL KEPT DON'T KNOW
4.	Compared to other houses/apartments in the neighborhood, would you say that the respondent's house/apartment was:
	FAR BELOW AVERAGE BELOW AVERAGE AVERAGE ABOVE AVERAGE FAR ABOVE AVERAGE DON'T KNOW
suit	Considering the structure and accessibility of the respondent's residence, how difficult was it for you to get your survey tease inside the respondent's house/apartment? VERY DIFFICULT DIFFICULT EASY VERY EASY DON'T KNOW

Describe the street (one block, both sides) where the respondent lives, using the following scales:

	1	2	3	4	5		DK
6. Clean						Full of litter or rubble	
7. Quiet						Noisy	
8. No traffic on the street						Heavy traffic on the street	
9. Buildings/houses are close together						Buildings/houses are far apart	
10. No smell or air pollution						Strong smell or air pollution	

Select your response to the following statements based on your observation of the area where the respondent lives:

	1	2	3	4	5		DK
11. I felt comfortable						I felt uncomfortable	
12. I felt safe						I felt unsafe	
13. I saw many amenities (grocery stores, parks)						I saw few amenities	
14. I felt like people in the area noticed my presence						They did not notice my presence	

INTERVIEW LOGISTICS AND OTHER INFORMATION

1	How	difficu	lt was	this	case to	oet?
1	. HOW	CHILLICAL	III was	11112	Case III	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

■ VERY DIFFICULT

□ SOMEWHAT DIFFICULT

■ NOT VERY DIFFICULT

□ NOT AT ALL DIFFICULT

2. Finally, please add additional information that would help us better understand the respondent as a person or the conditions under which the interview took place.

This is the end of the interview comments, please hit 'next' to complete the survey.



NSHAP Questionnaire

This questionnaire is part of the National Social Life, Health and Aging Project (NSHAP) which is sponsored by the National Institute on Aging. Please complete it after your in-person interview. This questionnaire will take approximately 25 to 35 minutes to complete. Some of these questions will seem similar to those asked during your interview. This questionnaire is designed to obtain more detail in these important areas. Please answer all items as best you can, from your point of view.

As always, your individual responses and your name will be kept completely confidential. Taking part in the survey is voluntary. You may elect to skip any questions in this questionnaire.

Please return your completed questionnaire in the preaddressed, postage-paid envelope given to you by your field interviewer. If you have any questions about the questionnaire or NSHAP, please contact us, toll-free, at 1-866-309-0540. You can also learn more online at www.norc.uchicago.edu/nshap.

Thank you again for participating in the National Social Life, Health and Aging Project.

	SU ID:		
Interviewer Na	ame:	Interview Date:/	/

1-RR

INSTRUCTIONS

In answering these questions, please be as honest and accurate as possible. Most questions will ask you to choose from a list of options. Choose the response that most closely matches your answer, and put a check mark \checkmark or \mathbf{x} in the box provided on the left. Other questions will not include a list of choices and you should enter your response in the space provided.

Some questions may not apply to you, and you will be asked to skip over them. When this happens you will see an arrow or a note that tells you what question to answer next, like this:

If no special instructions are given for your response choice, please continue with the next question.

SOCIAL ACTIVITIES 4. In the past 12 months, about how often have you attended religious services? 1. In the past 12 months, how ¹ □ Several times a week often did you do volunteer work for religious, charitable, ² ■ Every week political, health-related, or ³ □ About once a month other organizations? ⁴ □ Several times a year ¹ ☐ Several times a week ⁵ □ About once or twice a year ² ■ Every week 6 ☐ Never ³ □ About once a month ⁴ □ Several times a year **RELATIONSHIPS WITH FAMILY** ⁵ □ About once or twice a year ⁶ □ Less than once a year These next questions ask about ⁷ □ Never your relationships with members of your family or relatives. If you have 2. In the past 12 months, how often a spouse or romantic partner, we'd did you attend meetings of any like you to exclude this person when organized group? (Examples answering the next set of questions. include a choir, a committee or board, a support group, a sports or exercise group, a hobby group, 5. How often can you open up to or a professional society.) members of your family if you need to talk about your worries? ¹ □ Several times a week ² □ Every week ¹ □ Never ³ □ About once a month ² ☐ Hardly ever or rarely ⁴ □ Several times a year ³ □ Some of the time ⁵ □ About once or twice a year ⁴ □ Often 6 ☐ Less than once a year 6. How often can you rely on ⁷ □ Never members of your family for help if you have a problem? 3. In the past 12 months, how often did you get together socially ¹ □ Never with friends or relatives? ² ☐ Hardly ever or rarely ¹□ Several times a week ³ □ Some of the time ² □ Every week ⁴ □ Often ³ □ About once a month 7. How often do members of ⁴ □ Several times a year your family make too many ⁵ □ About once or twice a year demands on you? ⁶ □ Less than once a year ¹ □ Never ⁷ □ Never ² Hardly ever or rarely ³ □ Some of the time

4 ☐ Often

8.	How often do members of your family criticize you?	13.	How often do members of your family get on your nerves?
	 Never Hardly ever or rarely Some of the time Often 		 Never Hardly ever or rarely Some of the time Often
9.	How often do members of your family really understand the way you feel about things?	14.	How many family members or relatives do you have to whom you feel close? If you have a spouse or romantic partner, please
	 ² □ Hardly ever or rarely ³ □ Some of the time ⁴ □ Often 		exclude them from your answer. 1 None 2 One 3 2-3
10.	How often do members of your family open up to you if they need to talk about their worries?		⁴ □ 4-9 ⁵ □ 10-20 ⁶ □ More than 20
	 Never Hardly ever or rarely Some of the time 	F	RELATIONSHIPS WITH FRIENDS
	4 ☐ Often	Fo	r this next section, we'd
11.	How often do members of your family rely on you for help if they have a problem? 1 □ Never 2 □ Hardly ever or rarely 3 □ Some of the time 4 □ Often	like rel inc rel So ha se Th	e to know a little about your ationships with friends, not cluding the family members or atives we were just asking about. One people see themselves as ving a great many friends. Others e themselves as having fewer. Aink about the people you consider
11.	How often do members of your family rely on you for help if they have a problem? 1 Never 2 Hardly ever or rarely 3 Some of the time	like rel so ha se Th to	e to know a little about your lationships with friends, not cluding the family members or latives we were just asking about. The people see themselves as ving a great many friends. Others e themselves as having fewer.
	How often do members of your family rely on you for help if they have a problem? 1 Never 2 Hardly ever or rarely 3 Some of the time 4 Often How often do members of your family let you down when	like rel so ha se Th to	e to know a little about your lationships with friends, not cluding the family members or latives we were just asking about. Ome people see themselves as wing a great many friends. Others e themselves as having fewer. In about the people you consider be your friends, both your closest ends and people with whom you e pretty good friends.

16	 How often can you rely on your friends for help if you have a problem? 	21.	How often do your friends rely on you for help if they have a problem?
	 Never Hardly ever or rarely Some of the time Often 		 Never Hardly ever or rarely Some of the time Often
17	How often do your friends make too many demands on you?	22.	How often do your friends let you down when you are counting on them?
	² □ Hardly ever or rarely ³ □ Some of the time ⁴ □ Often		 ¹ □ Never ² □ Hardly ever or rarely ³ □ Some of the time ⁴ □ Often
18	friends criticize you?	23.	How often do your friends get on your nerves?
	 Never Hardly ever or rarely Some of the time Often 		Provide the field of the field
19	. How often do your friends really understand the way you feel about things?	24.	About how many friends would you say that you have?
	 Never Hardly ever or rarely Some of the time Often 		1 ☐ None 2 ☐ One 3 ☐ 2-3 4 ☐ 4-9
20	. How often do your friends open up to you if they need to talk about their worries?		□ 10-20□ More than 20
	 Never Hardly ever or rarely Some of the time Often 		

	CAREGIVING
25.	Are you currently assisting an adult who needs help with day to day activities because of age or disability?
	¹ □ No → If No, Go to Question 28 ² □ Yes
26.	What is this person's relationship to you?
	 Spouse Parent Child Grandchild Other, please describe
27.	Do you consider yourself the primary caregiver?

¹□ No

² ☐ Yes

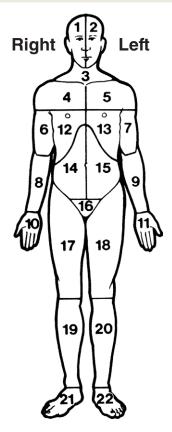
	HEALTH
28.	In the past <u>12 months</u> , how many times have you fallen?
	 None One Two or more
29.	Many people have puffy, reddish or sore gums, and may even bleed after eating, cleaning their teeth, flossing, or using dentures. In the past month, have you had such symptoms?
	¹ □ No ² □ Yes
30.	Compared to other people in your racial or ethnic group, what shade of skin color do you have?
	¹

² □ Dark

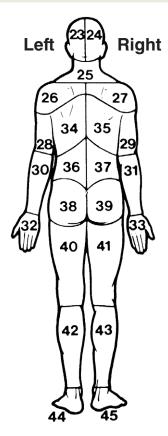
³ ☐ Medium ⁴ ☐ Light

⁵ □ Very light

- 31. In the past four weeks have you had any pain?
 - ¹□ No → If No, Go to Question 34
 - ² ☐ Yes
- 32. On the diagram below, please circle the area where you have felt the <u>most</u> pain in the past 4 weeks.



- 33. Please check the box next to the phrase that best describes the level of pain in the past four weeks.
 - ¹ ☐ The most intense pain imaginable
 - ² ☐ Extreme pain
 - 3 ☐ Severe pain
 - ⁴ ☐ Moderate pain
 - ⁵ ☐ Mild pain
 - 6 ☐ Slight pain
 - ⁷ ☐ No pain



The next set of questions asks about your sleeping habits.

- 34. How often do you have trouble falling asleep?
 - ¹ Most of the time
 - 2 \square Sometimes
 - ³ ☐ Rarely
 - ⁴ □ Never
- 35. How often do you have trouble with waking up during the night?
 - ¹ Most of the time
 - ² □ Sometimes
 - ³ □ Rarely
 - ⁴ □ Never

36.	How often do you have trouble with waking up too early and not		NEIGHBORHOOD		
	being able to fall asleep again? 1 Most of the time 2 Sometimes 3 Rarely 4 Never		you with abo	e following questions ask about ur local area – that is, everywhere hin a 20-minute walk or within out a mile of your home.	
37.	Has a doctor ever told you that you have sleep apnea?	4	40.	About how many years have you lived in this area? 1 Less than one year	
	¹ □ No ² □ Yes			² □ 1 – 5 years ³ □ 6 – 10 years	
38.	How often do you snore? 1 □ Every night 2 □ Most nights 3 □ Occasionally 4 □ Never			 4 □ 11 – 15 years 5 □ 16 – 20 years 6 □ 21 – 25 years 7 □ 26 – 50 years 8 □ More than 50 years 	
39.	□ I do not know Has anyone ever told you that you stop breathing or gasp	do not know 41 anyone ever told you that		How often do you and people in this area visit in each other's homes or when you meet on the street?	
	for breath during sleep? 1 No 2 Yes			 ¹ □ Often ² □ Sometimes ³ □ Rarely ⁴ □ Never 	
		4	42.	How often do you and other people in this area do favors for each other?	
				 ¹ □ Often ² □ Sometimes ³ □ Rarely ⁴ □ Never 	
		4	43.	How often do you and other people in this area ask each other for advice about personal things?	
				 ¹ □ Often ² □ Sometimes ³ □ Rarely ⁴ □ Never 	

agreement or disagreement with ¹ □ Strongly agree the following statements about your ² Agree local area - that is, everywhere ³ □ Neither agree nor disagree within a 20-minute walk or within ⁴ □ Disagree about a mile of your home. ⁵ □ Strongly disagree 44. This is a close-knit area. 49. Many people in this area are ¹ □ Strongly agree afraid to go out at night. ² Agree ¹ □ Strongly agree ³ □ Neither agree nor disagree ² ☐ Agree ⁴ □ Disagree ³ □ Neither agree nor disagree ⁵ □ Strongly disagree ⁴ □ Disagree ⁵ □ Strongly disagree 45. People around here are willing to help their neighbors. 50. There are places in this ¹ □ Strongly agree area where everyone knows ² ☐ Agree "trouble" is expected. ³ □ Neither agree nor disagree ¹ □ Strongly agree ⁴ □ Disagree ² ☐ Agree ⁵ □ Strongly disagree ³ □ Neither agree nor disagree ⁴ □ Disagree 46. People in this area generally ⁵ □ Strongly disagree don't get along with each other. ¹ □ Strongly agree 51. You're taking a big chance if you ² ☐ Agree walk in this area alone after dark. ³ □ Neither agree nor disagree ¹ □ Strongly agree ⁴ □ Disagree ² Agree ⁵ □ Strongly disagree ³ □ Neither agree nor disagree ⁴ □ Disagree 47. People in this area don't ⁵ □ Strongly disagree share the same values. ¹ □ Strongly agree ² ☐ Agree ₃ ■ Neither agree nor disagree ⁴ □ Disagree ⁵ □ Strongly disagree

48. People in this area can be trusted.

Next, please indicate your

OTHER PEOPLE'S BEHAVIOR TOWARDS YOU

This section asks about how others behave towards you in your day-to-day life.

52.	In your day-to-day life, how often have you been treated with less courtesy than other people?
	 ¹ □ Several times a week ² □ Every week ³ □ About once a month ⁴ □ Several times a year ⁵ □ About once or twice a year ⁶ □ Less than once a year ⁻ □ Never
53.	In your day-to-day life, how often have people acted as if they're better than you are?
	 ¹ □ Several times a week ² □ Every week ³ □ About once a month ⁴ □ Several times a year ⁵ □ About once or twice a year 6 □ Less than once a year 7 □ Never
54.	When these things happen in your day-to-day life, what do you think is the main reason(s) for them? Please check all that apply.
	 ¹ ☐ Your ancestry or national origins ² ☐ Your gender ³ ☐ Your race ⁴ ☐ Your age ⁵ ☐ Your height or weight ⁶ ☐ Your shade of skin color ७ ☐ Your sexual orientation ጾ ☐ Other, please describe

RELATIONSHIPS

life would you say that sex is? ¹ □ Extremely important ² □ Very important ³ □ Moderately important ⁴ □ Somewhat important ⁵ □ Not at all important 5 □ Not at all important 57. During the past 12 months, would you say that you had sex: ¹ □ Much more than you would like ² □ Somewhat more than you would like ³ □ About as often as you would like	55.	In general, how often do you think that things between you and your spouse or romantic partner are going well?
important part of their lives and for others it is not very important at all. How important a part of your life would you say that sex is? 1 Extremely important 2 Very important 3 Moderately important 4 Somewhat important 5 Not at all important 5 Not at all important 7 Nuring the past 12 months, would you say that you had sex: 1 Much more than you would like 2 Somewhat more than you would like 3 About as often as you would like 4 Somewhat less than you would like		 ² □ Most of the time ³ □ More often than not ⁴ □ Occasionally ⁵ □ Rarely ⁶ □ Never ⁷ □ I do not have a spouse
 Very important Moderately important Somewhat important Not at all important During the past 12 months, would you say that you had sex: Much more than you would like Somewhat more than you would like About as often as you would like Somewhat less than you would like 	56.	important part of their lives and for others it is not very important at all. How important a part of your
you say that you had sex: 1 Much more than you would like 2 Somewhat more than you would like 3 About as often as you would like 4 Somewhat less than you would like		 ² □ Very important ³ □ Moderately important ⁴ □ Somewhat important
	57.	you say that you had sex: 1 Much more than you would like 2 Somewhat more than you would like 3 About as often as you would like 4 Somewhat less than you would like

58. In the <u>past 12 months</u> , how often did you have sex primarily because you felt obligated or that it was your duty?	60. When your spouse or romantic partner wants to have sex with you, how often do you agree? 1 Always
 ¹ □ Always ² □ Usually ³ □ Sometimes ⁴ □ Rarely ⁵ □ Never ⁶ □ I have not had sex in the past 12 months 	 Usually Sometime Rarely Never I do not have a spouse or romantic partner
59. In the <u>last month</u> , how often did you sleep in the same bed with your spouse or romantic partner?	61. Do you consider yourself to be: ¹ □ Heterosexual or straight ² □ Gay or lesbian ³ □ Bisexual
¹ ☐ All the time ² ☐ Most of the time ³ ☐ Some of the time 4 ☐ Rarely ⁵ ☐ Never ⁵ ☐ I do not have a spouse or romantic partner	Please continue on to the next page

THOUGHTS AND FEELINGS

This section lists a number of characteristics that may or may not apply to you. Please read the words below and indicate how well each of the following DESCRIBES YOU.

	A lot	Some	A little	Not at all
62a. Outgoing	1 🔲	2 🔲	3	4 🔲
b. Moody	1 🔲	2 🔲	3 🔲	4
c. Organized	1 🔲	2 🔲	3 🔲	4 🔲
d. Friendly	1 🔲	2 🔲	3 🔲	4 🔲
e. Warm	1 🔲	2 🔲	3 🔲	4 🔲
f. Worrying	1 🔲	2 🔲	3 🔲	4 🔲
g. Responsible	1 🔲	2 🔲	3 🔲	4 🔲
h. Lively	1 🔲	2 🔲	3 🔲	4 🔲
i. Caring	1 🔲	2 🔲	3 🔲	4 🔲
j. Nervous	1 🔲	2 🔲	3 🔲	4 🔲
k. Creative	1 🔲	2 🔲	3 🔲	4 🔲
I. Hardworking	1 🔲	2 🔲	3	4 🔲
m. Imaginative	1 🔲	2 🔲	3	4 🔲
n. Softhearted	1 🔲	2 🔲	3	4 🔲
o. Calm	1 🔲	2 🔲	3	4 🔲
p. Curious	1 🔲	2 🔲	3	4 🔲
q. Active	1 🔲	2 🔲	3	4 🔲
r. Sympathetic	1 🔲	2 🔲	3	4 🔲
s. Talkative	1 🔲	2 🔲	3 🔲	4 🔲
t. Adventurous	1 🔲	2 🔲	3 🔲	4 🔲
u. Thorough	1 🔲	2 🔲	3 🔲	4 🔲

63.	How often do you feel that
	you lack companionship?

- ¹ □ Never
- ² ☐ Hardly ever
- ³ ☐ Some of the time
- ⁴ ☐ Often

64. How often do you feel left out?

- ¹ ☐ Never
- ² ☐ Hardly ever
- ³ □ Some of the time
- ⁴ ☐ Often

¹ ☐ Never		¹ ☐ Excelle	ent	
² ☐ Hardly ever		² □ Very g	ood	
³ ☐ Some of the time		³ ☐ Good		
⁴ ☐ Often		⁴ □ Fair		
		5 ☐ Poor		
The next set of questions asks about to each item will probably be more according to the control of the control	ng over yo	our replies	; your immedia	ate reaction
During the <u>past week</u>	Rarely or none of the time	Some of the time	Occasionally	Most of the time
67a. I felt tense or "wound up."	1 🔲	2 🔲	3 🔲	4
b. I got a frightened feeling as if something awful was about to happen	1 🔲	2 🔲	3 🔲	4 🔲
c. Worrying thoughts went through my mind	1 🔲	2 🔲	3 🔲	4 🔲
d. I could sit at ease and feel relaxed	1 🔲	2 🔲	3 🔲	4
e. I got a frightened feeling like butterflies in my stomach	1 🔲	2 🔲	3 🔲	4
f. I felt restless as if I had to be on the move	1 🔲	2 🔲	3 🔲	4
g. I had a sudden feeling of panic	1 🔲	2 🔲	3 🔲	4 🔲
h. I was unable to control important things in my life	1 🔲	2 🔲	3 🔲	4 🔲
i. I felt confident about my ability to handle personal problems	1 🔲	2 🔲	3 🔲	4
j. I felt that things were going my way	1 🔲	2 🔲	3 🔲	4
k. I felt that difficulties were piling up so high I could not overcome them	1 🔲	2 🔲	3 🔲	4 🔲

66. How is your emotional or mental health?

65. How often do you feel isolated from others?

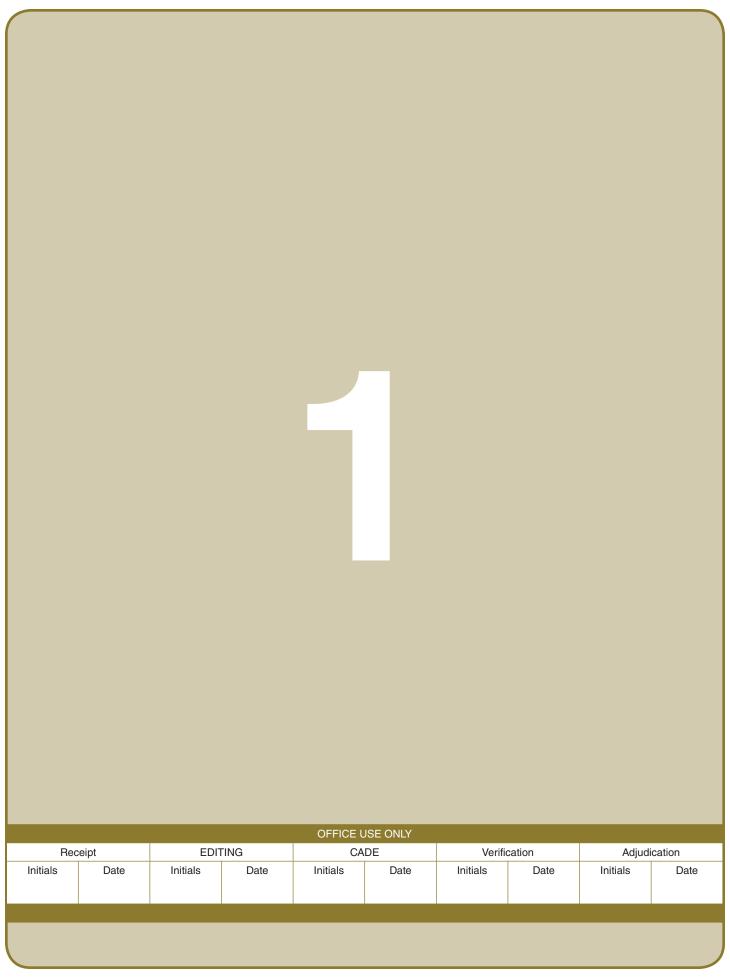
People differ in how they approach and deal with the challenges and stresses of life. For each of the following statements, please indicate how frequently you think the statement is true of you.

68	. I bounce back quickly after hard times.
	¹ ☐ Never ² ☐ Some of the time
	³ ☐ Usually
	⁴ ☐ Always
69	. I am an energetic person.
	¹ □ Never
	² ☐ Some of the time ³ ☐ Usually
	⁴ ☐ Always
70	. I take things in stride.
	¹ □ Never
	² ☐ Some of the time ³ ☐ Usually
	⁴ ☐ Always
71	•
/ 1	 I can do just about anything I really set my mind to.
	¹ ☐ Never
	² ☐ Some of the time
	³
	Aiways

GENERAL BACKGROUND QUESTIONS

72.	Compared with American families in general, would you say that your household income is far below average, below average, average, above average, or far above average?
	 ¹ □ Far below average ² □ Below average ³ □ Average ⁴ □ Above average ⁵ □ Far above average
73.	How regularly do you use the internet or email?
	 Every day Several times a week, but not daily At least once a month, but not weekly Less than once a month I have never used the internet or email
74.	In the <u>past year</u> , has a lack of adequate health insurance kept you from getting medical care?
	¹ □ No ² □ Yes
75.	In the <u>past year</u> , has a lack of adequate health insurance kept you from getting prescription medications?
	¹ □ No ² □ Yes
76.	How many biologically-related grandchildren do you have?
	Write Number:

Thank you! Please return the completed questionnaire in the postage-paid envelope to: NORC Attn: NSHAP Survey 1 North State Street, 16th Floor Chicago, IL 60602





NSHAP Questionnaire

This questionnaire is part of the National Social Life, Health and Aging Project (NSHAP) which is sponsored by the National Institute on Aging. Please complete it after your in-person interview. This questionnaire will take approximately 25 to 35 minutes to complete. Some of these questions will seem similar to those asked during your interview. This questionnaire is designed to obtain more detail in these important areas. Please answer all items as best you can, from your point of view.

As always, your individual responses and your name will be kept completely confidential. Taking part in the survey is voluntary. You may elect to skip any questions in this questionnaire.

Please return your completed questionnaire in the preaddressed, postage-paid envelope given to you by your field interviewer. If you have any questions about the questionnaire or NSHAP, please contact us, toll-free, at 1-866-309-0540. You can also learn more online at www.norc.uchicago.edu/nshap.

Thank you again for participating in the National Social Life, Health and Aging Project.

	SU ID:			
Interviewer N	ame:	Interview Date:	_/	_/

2-NC

INSTRUCTIONS

In answering these questions, please be as honest and accurate as possible. Most questions will ask you to choose from a list of options. Choose the response that most closely matches your answer, and put a check mark \checkmark or \mathbf{x} in the box provided on the left. Other questions will not include a list of choices and you should enter your response in the space provided.

Some questions may not apply to you, and you will be asked to skip over them. When this happens you will see an arrow or a note that tells you what question to answer next, like this:

If no special instructions are given for your response choice, please continue with the next question.

SOCIAL ACTIVITIES 4. In the past 12 months, about how often have you attended religious services? 1. In the past 12 months, how ¹ □ Several times a week often did you do volunteer work for religious, charitable, ² ■ Every week political, health-related, or ³ □ About once a month other organizations? ⁴ □ Several times a year ¹ ☐ Several times a week ⁵ □ About once or twice a year ² ■ Every week 6 ☐ Never ³ □ About once a month ⁴ □ Several times a year **RELATIONSHIPS WITH FAMILY** ⁵ □ About once or twice a year ⁶ □ Less than once a year These next questions ask about ⁷ □ Never your relationships with members of your family or relatives. If you have 2. In the past 12 months, how often a spouse or romantic partner, we'd did you attend meetings of any like you to exclude this person when organized group? (Examples answering the next set of questions. include, a choir, a committee or board, a support group, a sports or exercise group, a hobby group, 5. How often can you open up to or a professional society.) members of your family if you need to talk about your worries? ¹ □ Several times a week ² □ Every week ¹ □ Never ³ □ About once a month ² ☐ Hardly ever or rarely ⁴ □ Several times a year ³ □ Some of the time ⁵ □ About once or twice a year ⁴ □ Often 6 ☐ Less than once a year 6. How often can you rely on ⁷ □ Never members of your family for help if you have a problem? 3. In the past 12 months, how often did you get together socially ¹ □ Never with friends or relatives? ² ☐ Hardly ever or rarely ¹□ Several times a week ³ □ Some of the time ² □ Every week ⁴ □ Often ³ □ About once a month 7. How often do members of ⁴ □ Several times a year your family make too many ⁵ □ About once or twice a year demands on you? ⁶ □ Less than once a year ¹ □ Never ⁷ □ Never ² Hardly ever or rarely

³ □ Some of the time

4 ☐ Often

8.	How often do members of your family criticize you?	13.	How often do members of your family get on your nerves?
	 Never Hardly ever or rarely Some of the time Often 		 Never Hardly ever or rarely Some of the time Often
9.	How often do members of your family really understand the way you feel about things? 1 Never	14.	How many family members or relatives do you have to whom you feel close? If you have a spouse or romantic partner, please
	 ² □ Hardly ever or rarely ³ □ Some of the time ⁴ □ Often 		exclude them from your answer. 1 None 2 One 3 2-3
10.	How often do members of your family open up to you if they need to talk about their worries?		⁴ □ 4-9 ⁵ □ 10-20 ⁶ □ More than 20
	 Never Hardly ever or rarely Some of the time 	F	RELATIONSHIPS WITH FRIENDS
	⁴ ☐ Often	Fo	r this next section, we'd
11.	How often do members of your family rely on you for help if they have a problem? 1 □ Never 2 □ Hardly ever or rarely 3 □ Some of the time 4 □ Often	like rel inc rel So ha se Th	e to know a little about your ationships with friends, not cluding the family members or atives we were just asking about. The people see themselves as ving a great many friends. Others e themselves as having fewer. Ink about the people you consider
11.	How often do members of your family rely on you for help if they have a problem? 1 Never 2 Hardly ever or rarely 3 Some of the time	like rel so ha se Th to	e to know a little about your ationships with friends, not cluding the family members or atives we were just asking about. The people see themselves as ving a great many friends. Others e themselves as having fewer.
	How often do members of your family rely on you for help if they have a problem? 1 Never 2 Hardly ever or rarely 3 Some of the time 4 Often How often do members of your family let you down when	like rel so ha se Th to	e to know a little about your lationships with friends, not cluding the family members or latives we were just asking about. Ome people see themselves as ving a great many friends. Others themselves as having fewer, link about the people you consider be your friends, both your closest ends and people with whom you e pretty good friends.

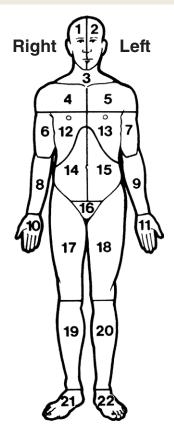
16	 How often can you rely on your friends for help if you have a problem? 	21.	How often do your friends rely on you for help if they have a problem?
	 Never Hardly ever or rarely Some of the time Often 		 Never Hardly ever or rarely Some of the time Often
17	How often do your friends make too many demands on you?	22.	How often do your friends let you down when you are counting on them?
	² □ Hardly ever or rarely ³ □ Some of the time ⁴ □ Often		 ¹ □ Never ² □ Hardly ever or rarely ³ □ Some of the time ⁴ □ Often
18	friends criticize you?	23.	How often do your friends get on your nerves?
	 Never Hardly ever or rarely Some of the time Often 		Provide the field of the field
19	. How often do your friends really understand the way you feel about things?	24.	About how many friends would you say that you have?
	 Never Hardly ever or rarely Some of the time Often 		1 ☐ None 2 ☐ One 3 ☐ 2-3 4 ☐ 4-9
20	. How often do your friends open up to you if they need to talk about their worries?		□ 10-20□ More than 20
	 Never Hardly ever or rarely Some of the time Often 		

25.	Are you currently assisting an adult who needs help with day to day activities because of age or disability? ¹ □ No → If No, Go to Question 28 ² □ Yes
26.	What is this person's relationship to you?
	 ¹ □ Spouse ² □ Parent ³ □ Child ⁴ □ Grandchild ⁵ □ Other, please describe
27.	Do you consider yourself the primary caregiver?
	¹ □ No
	² ☐ Yes
	² Yes BEREAVEMENT
28.	
28.	In the past 5 years, has anyone close to you died, such as a spouse, a close family
	BEREAVEMENT In the past 5 years, has anyone close to you died, such as a spouse, a close family member, or a close friend? ¹□ No → If No, Go to Question 30

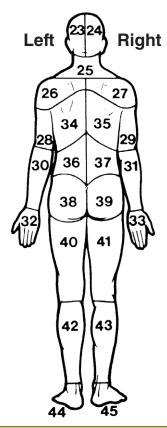
CAREGIVING

	HEALTH
30.	In the past 12 months, how many times have you fallen? 1 None 2 One 3 Two or more
31.	Many people have puffy, reddish or sore gums, and may even bleed after eating, cleaning their teeth, flossing, or using dentures. In the past month, have you had such symptoms?
	¹ □ No ² □ Yes
32.	Compared to other people in your racial or ethnic group, what shade of skin color do you have?
	 Very dark Dark Medium Light Very light

- 33. In the past four weeks have you had any pain?
 - ¹ □ No → If No, Go to Question 36
 - ² Yes
- 34. On the diagram below, please circle the area where you have felt the <u>most</u> pain in the past 4 weeks.



- 35. Please check the box next to the phrase that best describes the level of pain in the past four weeks.
 - ¹ ☐ The most intense pain imaginable
 - ² ☐ Extreme pain
 - ³ ☐ Severe pain pain
 - ⁴ ☐ Moderate Pain
 - ⁵ □ Mild pain
 - ⁶ □ Slight pain
 - ⁷ □ No pain



The next set of questions asks about your sleeping habits.

- 36. How often do you have trouble falling asleep?
 - ¹ Most of the time
 - 2 \square Sometimes
 - ³ ☐ Rarely
 - ⁴ □ Never
- 37. How often do you have trouble with waking up during the night?
 - ¹ Most of the time
 - ² □ Sometimes
 - ³ □ Rarely
 - ⁴ □ Never

38.	How often do you have trouble with waking up too early and not being able to fall asleep again? 1 Most of the time	43	1	If your current religious preference is Protestant, what specific denomination of branch is that, if any?
	² □ Sometimes ³ □ Rarely ⁴ □ Never		3	□ Baptist □ Congregational □ Episcopalian □ Lutheran
39.	Has a doctor ever told you that you have sleep apnea?			© Methodist © Mormon
	¹ □ No ² □ Yes		7	☐ Presbyterian☐ United Church of Christ☐
40.	How often do you snore?		9	Other, <i>please describe</i>
	 ¹ □ Every night ² □ Most nights ³ □ Occasionally ⁴ □ Never ⁵ □ I do not know 	44	k a	Would you say that you have been "born again" or have had a "born again" experience?
41.			2	P Yes
41.	you stop breathing or gasp for breath during sleep?	Thi		LDREN AND GRANDCHILDREN
	¹ □ No ² □ Yes			section asks about any children grandchildren you may have.
	RELIGION	4		How many living children do
42.	What is your current religious preference?		ľ	you have? You may include children who are not biologically related to you, such as step-children.
	¹ □ None ² □ Protestant		l	Write number
	 □ Catholic □ Christian Orthodox □ Jewish □ Muslim 	46	Ç	How many children have you given birth to or fathered throughout your life?
	7 ☐ Other, <i>please describe</i>		l	Write number

 47. How many living grandchildren do you have? You may include grandchildren from step-sons or step-daughters, or step-grandchildren, if you wish. Write number 48. How old were you at the time 	 51. How often do you and other people in this area do favors for each other? ¹□ Often ²□ Sometimes ³□ Rarely ⁴□ Never
of your first pregnancy or when you first fathered a child? Write age	52. How often do you and other people in this area ask each other for advice about personal things? ¹ □ Often
NEIGHBORHOOD The following questions ask about	² ☐ Sometimes ³ ☐ Rarely ⁴ ☐ Never
your local area – that is, everywhere within a 20-minute walk or within about a mile of your home. 49. About how many years have	Next, please indicate your agreement or disagreement with the following statements about your local area – that is, everywhere within a 20-minute walk or within
you lived in this area? ¹☐ Less than one year	about a mile of your home.
 2 □ 1 – 5 years 3 □ 6 – 10 years 4 □ 11 – 15 years 5 □ 16 – 20 years 6 □ 21 – 25 years 7 □ 26 – 50 years 	53. This is a close-knit area. ¹ □ Strongly agree ² □ Agree ³ □ Neither agree nor disagree ⁴ □ Disagree ⁵ □ Strongly disagree
8 ☐ More than 50 years50. How often do you and	54. People around here are willing to help their neighbors.
people in this area visit in each other's homes or when you meet on the street? 1 Often 2 Sometimes	¹ ☐ Strongly agree ² ☐ Agree ³ ☐ Neither agree nor disagree ⁴ ☐ Disagree

55.	People in this area generally don't get along with each other.	60.	You're taking a big chance if you walk in this area alone after dark.
	 ¹ ☐ Strongly agree ² ☐ Agree ³ ☐ Neither agree nor disagree ⁴ ☐ Disagree ⁵ ☐ Strongly disagree 		 ¹ ☐ Strongly agree ² ☐ Agree ³ ☐ Neither agree nor disagree ⁴ ☐ Disagree ⁵ ☐ Strongly disagree
56.	People in this area don't share the same values. 1 Strongly agree		OTHER PEOPLE'S BEHAVIOR TOWARDS YOU
	 Agree Neither agree nor disagree Disagree Strongly disagree 	oth	s section asks about how ers behave towards you in your y-to-day life.
57 .	People in this area can be trusted. ¹ □ Strongly agree	61.	In your day-to-day life, how often have you been treated with less courtesy than other people?
	 ² □ Agree ³ □ Neither agree nor disagree ⁴ □ Disagree ⁵ □ Strongly disagree 		 ¹ □ Several times a week ² □ Every week ³ □ About once a month ⁴ □ Several times a year
58.	Many people in this area are afraid to go out at night. 1 Strongly agree		 □ About once or twice a year □ Less than once a year □ Never
	 ² □ Agree ³ □ Neither agree nor disagree ⁴ □ Disagree 	62.	In your day-to-day life, how often have people acted as if they're better than you are? 1 Several times a week
59.	 5 ☐ Strongly disagree There are places in this area where everyone knows "trouble" is expected. 		 ² □ Every week ³ □ About once a month ⁴ □ Several times a year
	 Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree 		 □ About once or twice a year □ Less than once a year □ Never

63.	When these things happen in your day-to-day life, what do you think		6. During the past <u>12 months</u> , would you say that you had sex:
	is the main reason(s) for them? Please check all that apply. 1 Your ancestry or national origins 2 Your gender 3 Your race 4 Your age 5 Your height or weight 6 Your shade of skin color 7 Your sexual orientation 8 Other, please describe		 ¹ ☐ Much more than you would like ² ☐ Somewhat more than you would like ³ ☐ About as often as you would like ⁴ ☐ Somewhat less than you would like ⁵ ☐ Much less than you would like 7. In the past 12 months, how
			often did you have sex primarily because you felt obligated or that it was your duty?
64.	RELATIONSHIPS In general, how often do you think that things between you and your spouse or romantic		 ¹ □ Always ² □ Usually ³ □ Sometimes ⁴ □ Rarely ⁵ □ Never 6 □ I have not had sex in the past 12 months
	partner are going well? 1 All the time 2 Most of the time 3 More often than not	68	3. In the <u>last month</u> , how often did you sleep in the same bed with your spouse or romantic partner?
	 4 □ Occasionally 5 □ Rarely 6 □ Never 7 □ I do not have a spouse or romantic partner 		 ¹ □ All the time ² □ Most of the time ³ □ Some of the time ⁴ □ Rarely ⁵ □ Never
65.	For some people sex is a very important part of their lives and for others it is not very important at all. How important a part of your	69	G ☐ I do not have a spouse or romantic partnerO. When your spouse or romantic
	life would you say that sex is?		partner wants to have sex with you, how often do you agree?
	 □ Extremely important □ Very important □ Moderately important □ Somewhat important □ Not at all important 		 ¹ □ Always ² □ Usually ³ □ Sometime ⁴ □ Rarely ⁵ □ Never ⁶ □ I do not have a spouse or romantic partner

70.	Do you consider yourself to be: ¹ □ Heterosexual or straight		73.	How often do you feel isolated from others
	² □ Gay or lesbian ³ □ Bisexual			 Never Hardly ever Some of the time
	THOUGHTS AND FEELINGS			⁴ □ Often
71.	How often do you feel that you lack companionship?		74.	How is your emotional or mental health?
	 Never Hardly ever Some of the time Often 			 ¹ □ Excellent ² □ Very good ³ □ Good ⁴ □ Fair ⁵ □ Poor
72.	How often do you feel left out?			
	 ¹ □ Never ² □ Hardly ever ³ □ Some of the time ⁴ □ Often 			
dur	e next set of questions asks about thou ring the past week. Don't take too long each item will probably be more accura	OV	er yo	our replies; your immediate reaction

During the <u>past week</u>	Rarely or none of the time	Some of the time	Occasionally	Most of the time
75a. I felt tense or "wound up."	1 🔲	2 🔲	3 🔲	4 🔲
b. I got a frightened feeling as if something awful was about to happen	1 🔲	2 🔲	3 🔲	4 🔲
c. Worrying thoughts went through my mind	1 🔲	2 🔲	3 🔲	4 🔲
d. I could sit at ease and feel relaxed	1 🔲	2 🔲	3	4
e. I got a frightened feeling like butterflies in my stomach	1 🔲	2 🔲	3 🔲	4
f. I felt restless as if I had to be on the move	1 🔲	2 🔲	3	4
g. I had a sudden feeling of panic	1 🔲	2 🔲	3 🔲	4 🔲

During the past week	Rarely or none of the time	Some of the time Occasionally		Most of the time	
h. I was unable to control important things in my life	1 🔲	2 🔲	3	4	
i. I felt confident about my ability to handle personal problems	1 🔲	2 🔲	3 🔲	4	
j. I felt that things were going my wayk. I felt that difficulties were piling up so high I could not overcome	1 🗀	2 🔲	3 🗖	4	
them	1 🔲	2 🔲	3 🔲	4	
People differ in how they approach and deal with the challenges and stresses of life. For each of the following statements, please indicate how frequently you think the statement is true of you	79.	79. I can do just about anything I really set my mind to. 1 Never 2 Some of the time 3 Usually 4 Always GENERAL BACKGROUND QUESTIONS 80. Have you ever served in the active military of the United States? 1 No			
76. I bounce back quickly after hard times. ¹ □ Never					
 ² □ Some of the time ³ □ Usually ⁴ □ Always 	80.				
77. I am an energetic person.		² ☐ Yes			
 ¹ □ Never ² □ Some of the time ³ □ Usually ⁴ □ Always 	81.	families in general, would you say that your household income is far below average,			
78. I take things in stride.		below average, average, above average, or far above average?			
 Never Some of the time Usually Always 		¹ □ Far below a ² □ Below a ³ □ Average ⁴ □ Above a ⁵ □ Far abo	average average		

82.	How regularly do you use the internet or email?	88.	Before Healthcare.gov was in place (around 2013), did you try to			
	 ¹ □ Every day ² □ Several times a week, but not daily ³ □ At least once a month, 		purchase health insurance directly, that is, not through any employer, union, or government program?			
	but not weekly 4 Less than once a month		¹ □ No → If No, Go to Question 90 ² □ Yes			
	I have never used the internet or email	89.	Was a plan purchased? ¹ □ No			
83.	Not including Medicare or Medicaid, are you currently		² ☐ Yes			
	covered under any private insurance plans such as insurance through an employer or a business,		This next section asks some background questions about your childhood.			
	coverage for retirees, or insurance you buy for yourself? Do not	90.	Were you born in the US?			
	include long-term care insurance. ¹ □ No		¹ □ No → If No, Go to Question 92			
	² ☐ Yes		² ☐ Yes			
84.	In the past year, has a lack of	91.	•			
	adequate health insurance kept you from getting medical care?		Write state: Go to Question 93			
	¹ □ No		Go to Question 93			
	² ☐ Yes	92.	In what country were you born?			
85.	In the <u>past year</u> , has a lack of adequate health insurance kept you from getting		Write country:			
	prescription medications?	93.	How much do you agree			
	¹ □ No ² □ Yes		with the statement: "When I was growing up, my family life was always happy."			
86.	Have you looked into purchasing health insurance coverage through Healthcare.gov?		 ¹ □ I disagree very much ² □ I disagree pretty much ³ □ I disagree a little 			
	¹ □ No → If No, Go to Question 88 ² □ Yes		⁴ ☐ I agree a little ⁵ ☐ I agree pretty much			
87.	Was a plan purchased?		⁶ ☐ I agree very much			
	¹ □ No ² □ Yes					

	What is the highest grade of school your father completed?		During this time, did you live with both of your parents?
	 ¹ □ No formal education ² □ 1-11 Grades ² □ 12 High school graduate 		¹ □ No ² □ Yes
	 3 □ 12 High school graduate 4 □ 13-15 Some college 5 □ 16 College Graduate 6 □ 17 or more – post college 7 □ Other 8 □ Don't know 	98.	you were growing up, from around age 6 to age 16. Would you say that your health during that time was excellent, very good, good, fair, or poor?
95.	What is the highest grade of school your mother completed?		 ¹ ☐ Excellent ² ☐ Very good ³ ☐ Good
	 No formal education 1 1-11 Grades 3 □ 12 High school graduate 		⁴ ☐ Fair ⁵ ☐ Poor
	 4 □ 13-15 Some college 5 □ 16 College Graduate 6 □ 17 or more – post college 7 □ Other 	99.	From about age 6 to age 16, were you beaten, assaulted, shot, raped or did you experience any other violent event?
			1 □ No
Fo	* Don't know		² ☐ Yes
wo chi	Properties to the next set of questions, we uld like you to think about your light l	100	
wo chi	r the next set of questions, we uld like you to think about your ldhood just during the time from out age 6 to age 16.	100	 ² ☐ Yes From about age 6 to 16, did you witness any violent events, such as a beating, assault,
wo chi abo	r the next set of questions, we uld like you to think about your ldhood just during the time from out age 6 to age 16. During the time from about age 6 to age 16, would you say your family was very well off financially, fairly well off, about average, not	100	 ²□ Yes D. From about age 6 to 16, did you witness any violent events, such as a beating, assault, shooting, murder or rape? ¹□ No

Thank you!

Please return the completed questionnaire in the postage-paid envelope to:

NORC
Attn: NSHAP Survey
1 North State Street, 16th Floor
Chicago, IL 60602



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